

Limbo

拍數: 48 牆數: 2 級數: Improver
編舞者: Matt Jenkins (UK)
音樂: Limbo - Jill Morris



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| 1-8 | Point right foot forward, to the side, step right forward and put weight onto right step left together. (right arm: touch left, shoulder & right shoulder & hand on right buttock & left hand on left buttock) jump both feet forward twice |
| 9-16 | Point left foot forward, to the side, step left forward and put weight onto left step right together. (left arm: touch right shoulder & left shoulder & hand on left buttock & right hand on right buttock) jump both feet forward twice |
| 17-24 | Leading right foot carry out two jazz boxes turning $\frac{1}{4}$ each time to the right (right over, step left back, step right in place.) Twice. Clap on count 8 |
| 25-32 | Leaning back slightly shimmy while jumping both feet forward 4 times, step right out, left out, right in left in |
| 33-40 | Vine right leading right end with weight on left. Right heel. Touch left toe behind right and unwind $\frac{1}{2}$ |
| 41-48 | Vine right leading right end with weight on left. Right heel. Touch left toe behind right and unwind $\frac{1}{2}$ |

REPEAT
