Limbo



拍數: 48 **牆數**: 2 **級數**: Improver

編舞者: Matt Jenkins (UK) 音樂: Limbo - Jill Morris



1-8	Point right foot forward, to the side, step right forward and put weight onto right step left together. (right arm: touch left, shoulder & right shoulder & hand on right buttock & left hand on left buttock) jump both feet forward twice
9-16	Point left foot forward, to the side, step left forward and put weight onto left step right together. (left arm: touch right shoulder & left shoulder & hand on left buttock & right hand on right buttock) jump both feet forward twice
17-24	Leading right foot carry out two jazz boxes turning ¼ each time to the right (right over, step left back, step right in place.) Twice. Clap on count 8
25-32	Leaning back slightly shimmy while jumping both feet forward 4 times, step right out, left out, right in left in
33-40	Vine right leading right end with weight on left. Right heel. Touch left toe behind right and unwind $\frac{1}{2}$
41-48	Vine right leading right end with weight on left. Right heel. Touch left toe behind right and unwind $\frac{1}{2}$

REPEAT