A Litl'bit More Dancin

級數: Improver

編舞者: Nancy Morgan (USA)

拍數: 32

音樂: Ooh Aah (Just A Little Bit) - Gina G.

SLIDE RIGHT, STEP, TOUCH, STEP, TOUCH, SLIDE LEFT, STEP, TOUCH, STEP, TOUCH

- 1-2 Step right to right side, touch left next to right
- &3 Step left to left side, tap right toe next to left
- &4 Step right to right side, tap left toe next to right
- 5-6 Step left to left side, touch right next to left
- &7 Step right to right side, tap left toe next to right
- &8 Step left to left side, tap right toe next to left

FORWARD ROCK, ½ TURN SHUFFLE, STEP, ½ TURN, SHUFFLE FORWARD

- 1-2 Rock forward on right and back on left
- 3&4 As you turn ½ turn to your right, shuffle forward right, left, right
- 5-6 Step forward on left, turn ½ turn to you right
- 7&8 Shuffle forward left, right, left

HEEL AND HEEL AND TOUCH, ¼ TURN, HEEL AND HEEL AND TOUCH ¼ TURN

- 1&2 Tap right heel forward, put right next to left and tap left heel forward
- &3-4 Put left next to right, touch right toe back, turn ¼ turn to your right (weight is on left)
- 5&6 Tap right heel forward, put right next to left and tap left heel forward
- &7-8 Put left next to right, touch right toe back, turn ¼ turn to your right (weight is on left)

SHUFFLE FORWARD, FORWARD ROCK, ¼ TURN COASTER STEP, WALK WALK

- 1&2 Shuffle forward right, left, right
- 3-4 Rock forward on left and back on right
- 5&6 Turn ¼ turn to your left as you do a coaster step step back on left, back on right, forward on left
- 7-8 Walk forward right, left

On steps 5&6 on the last count of 8: you will swing your left around almost into a ronde' but, you will go directly into the coaster step

REPEAT





牆數:4