

Little Blue Bag

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Gary Lafferty (UK)
音樂: Little Blue Bag - Redfern & Crookes



TRAVELING HEEL-GRINDS FORWARD; ROCK, RECOVER, TRIPLE ½ TURN

- 1-2 Touch right heel forward with toes turned in, turn toes out taking weight onto full right foot flat on floor
- 3-4 Touch left heel forward with toes turned in, turn toes out taking weight onto full left foot flat on floor
- 5-6 Rock forward on right foot, recover weight back onto left
- 7&8 Shuffle ½ turn back over right shoulder stepping right-left-right

TRAVELING HEEL-GRINDS FORWARD; ROCK, RECOVER, TRIPLE ¾ TURN

- 1-2 Touch left heel forward with toes turned in, turn toes out taking weight onto full left foot flat on floor
- 3-4 Touch right heel forward with toes turned in, turn toes out taking weight onto full right foot flat on floor
- 5-6 Rock forward on left foot, recover weight back onto right
- 7&8 Shuffle ¾ turn in place over left shoulder stepping left-right-left

KICK-BALL-CHANGE, STEP, TOUCH; SHUFFLE BACK, ROCK STEP

- 1&2 Kick right foot forward, step on right foot beside left, step slightly forward on left foot
- 3-4 Step forward on right foot, tap left foot beside right foot
- 5&6 Left shuffle back
- 7-8 Rock back on right foot, recover weight forward onto left

POINT, STEP, POINT, STEP; STEP FORWARD, ½ TURN, SHUFFLE ½ TURN

- 1-2 Point right foot out to right side, step forward on right foot
- 3-4 Point left foot out to left side, step forward on left foot
- 5-6 Step forward on right foot, pivot ½ turn to left
- 7&8 Shuffle ½ turn in place over left shoulder stepping right-left-right

ROCK BACK, RECOVER, LEFT SHUFFLE; JAZZ BOX WITH ¼ TURN TO RIGHT

- 1-2 Rock back on left foot, recover weight onto right
- 3&4 Left shuffle forward
- 5-6 Cross-step right foot over left, step back on left foot
- 7-8 Turn ¼ right stepping forward onto right foot, step slightly forward onto left foot

HEEL, HEEL, & POINT, HOLD; SAILOR ¼ TURN, RIGHT KICK-BALL-STEP

- 1-2 Tap right heel forward twice
- &3-4 Step on right foot beside left, point left foot out to left side hold
- 5&6 Turn ¼ left stepping left foot behind right, step to right on right foot, step to left on left foot
- 7&8 Kick right foot forward, step on right foot beside left, step forward on left foot

ROCK FORWARD, RECOVER, ½ TURN, ¼ TURN, BEHIND, SIDE, CROSS-ROCK, RECOVER

- 1-2 Rock forward on right foot, recover weight back onto left
- 3-4 Turn ½ right, stepping forward onto right foot; turn ¼ right, stepping to left on left foot
- 5-6 Cross-step right foot behind left, step to left on left foot
- 7-8 Cross-rock right foot over left, recover weight back onto left foot

RIGHT SIDE-SHUFFLE, ROCK STEP; LEFT SIDE-SHUFFLE, ROCK STEP

1&2 Right side-shuffle
3-4 Rock back on left foot, recover weight onto right
5&6 Left side-shuffle
7-8 Rock back on right foot, recover weight onto left

REPEAT

TAG

When facing front at the end of the 2nd & 4th walls

STEP, ½ TURN, STEP, CLAP (TWICE)

1-4 Step forward on right foot, pivot ½ turn to left, step forward on right foot, hold / clap
5-8 Step forward on left foot, pivot ½ turn to right, step forward on left foot, hold / clap
