# A Little Less Talk



拍數: 0 牆數: 0 級數:

編舞者: Little Joe

音樂: A Little Less Talk and a Lot More Action - Toby Keith



Sequence: A, BC, BD, B(5-28)E, BF, BG, B(1-20)H, BI, B(5-20)J, B(1-20)K, B(1-12)L

# PART A

1	Touch right toe to right side
2	Step on (or hop to) right side with right foot, lift left knee
3	Touch left toe to left side
4	Step on (or hop to) left side with left foot, lift right knee
5	Touch right toe to right side
6	Step on (or hop to) right side with right foot, lift left knee
7	Touch left toe to left side
8	Lift up left knee
9	Stomp forward with left foot

#### PART B

10-12

## SAILOR RIGHT, SAILOR LEFT, DOUBLE RIGHT KICK-BALL-CHANGE

Hold (with attitude!)

SALON MONTH SALON LLI 1, DOUBLE MONTH MON-BALL-CHANGE		
1	Step across behind left leg with right foot	
&	Step next to right foot with left foot	
2	Step to right side with right foot	
3	Step across behind right leg with left foot	
&	Step next to left foot with right foot	
4	Step to left side with left foot	
5	Kick right foot forward	
&	Step next to left foot with ball of right foot	
6	Step in place with left foot	
7	Kick right foot forward	
&	Step next to left foot with ball of right foot	
8	Step in place with left foot	

# STEP, 3/4 SPIN, TRIPLE STEP, BRUSH, BRUSH, HOP-TAP, HOP-STEP

9	Step forward with ball of right foot
10	Pivot ¾ turn right on ball of right foot
11	Place left foot next to right foot
&	Step in place with right foot
12	Step in place with left foot
13	Brush right foot forward
14	Brush right foot back
15	Hop back on left foot with a right toe tap back
16	Hop back on left foot with a step back on right foot

## **LEFT GRAPEVINE**

17	Step to left side with left foot
18	Step across behind left leg with right foot
19	Step to left side with left foot
20	Touch right toe next to left foot

#### **HOP TURN MONTEREY**

#### Arms and fists together at chest level

Touch right toe to right side

22 Hop off of left foot with a ½ turn right landing on right foot

23 Touch left toe to left side

24 Hop onto left foot lifting right knee

25 Touch right toe to right side

26 Hop off of left foot with a ½ turn right landing on right foot

27 Touch left toe to left side

28 Lift up left knee

#### **PART C**

1 Drop down onto right knee and left foot

2-3 Hold position

4 Stand back up with weight on left foot

#### PART D

1	Touch left heel forward
&	Step in place with left foot
2	Touch right heel forward
&	Step in place with right foot
3	Slide left foot to left side

4 Step together with right foot next to left foot

& Step in place with left foot
5 Touch right heel forward
& Step in place with right foot
6 Touch left heel forward
& Step in place with left foot
7 Slide right foot to right side

8 Step together with left foot next to right foot

#### **PART E**

1	Touch left toe forward
1	LOUGH JETT TOE TORWARD

2 Pivot ½ turn right on ball of right foot

3 Step forward with left foot

4 Turn on ball of left foot while sweeping right foot ½ turn to the right

#### **PART F**

&	Step to right side with right foot
1	Step to left side with left foot
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& Step in with right foot

Step across in front of right leg with left footSpin 1 full turn right on ball of right foot

4 Step together with left foot next to right foot option #1

Unwind ½ turn right on balls of both feet
Pivot ½ turn right on ball of left foot

#### **PART G**

1	Stomp (up) with left foot next to right foot
2	Stomp (down) with left foot next to right foot
3	Stomp forward (down) with right foot
4	Stomp forward (down) with left foot

#### PART H

4	Dunal visibilitiat for your left
1	Punch right fist forward-left
2	Punch left fist forward-right
3	Punch right fist forward-left
4	Punch right fist forward-left
5	Punch left fist forward-right
6	Punch right fist forward-left
7	Punch left fist forward-right
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8	Punch left fist forward-right
9	Stomp forward (down) with left foot
10-12	Hold (with attitude)
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PART I	
1	Kneel down with right knee
2	Kneel down with left knee
3	Step in place with right foot, right knee bent
4	Step in place with left foot, both knees bent and clap (in squatting position)
5	Place left hand back on floor and raise right hand over head
6	Recover and clap
7	Place right hand back on floor and raise left hand over head
8	Recover, stand up and clap
0	Recover, stand up and clap
PART I OPT	TIONAL STEPS #1
1	Step in place with right foot
2	Step in place with left foot and bend both knees
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3	Roll hips 1 full circle right
4	Clap
5	Place left hand back on floor and raise right hand over head
6	Recover and clap
7	Place right hand back on floor and raise left hand over head
8	Recover, stand up and clap
PART I OPT	TIONAL STEPS #2
1	Stomp (down) in place with right foot, arm extended down to right side, palm forward
2	Stomp (down) in place with left foot, arm extended down to left side, palm forward
3	Place hands on hips
4	Hold and look to right side
5-8	Slowly roll hips 1 full circle to the right
PART J	
1	Kick right foot to right side
&	Step in place with right foot next to left foot
2	Kick left foot to left side
&	Step in place with left foot next to right foot
3	Kick right foot to right side
4	Kick right foot to right side
&	Step in place with right foot next to left foot
5	Kick left foot to left side
&	Step in place with left foot next to right foot
6	Kick right foot to right side
&	Step in place with right foot next to left foot
7	Kick left foot to left side
8	Kick left foot to left side
9	Stomp forward (down) with left foot
9 10 12	Hold (with attitude)

10-12 Hold (with attitude)

#### PART K

1	Kick right foot to right side
2	Kick right foot forward
3	Kick right foot to right side

4 Step in place with right foot next to left foot

Kick left foot to left side
Kick left foot forward
Kick left foot to left side
Kick left foot forward

9 Kneel down onto right knee

10 Hold

11-12 Spin 1 full turn to right on ball of left foot, end in standing position

## PART L

# STOMP, HOLD, HOLD, CROSS, U-N-W-I-N-D

1 Stomp (down) with right foot next to left foot ("a")

2-3 Hold ("little less")

4 Step across in front of left leg with right foot ("talk")
5-9 Slowly unwind to face forward ("and a lot more action")