A Little Lonesome

拍數: 64

級數: Intermediate

編舞者: Tina Scammell (AUS)

音樂: A Little Bit Lonesome - Kasey Chambers

This dance came second in the choreography section of the WILD WEST STOMP, (State line dance challenge for Western Australia) held 10/11/01

ROCK RIGHT BACK & LEFT FORWARD, SCUFF, SCUFF, TAP TAP STEP RIGHT, TAP LEFT

- Rock backward onto right, return weight forward onto left 1-2
- 3-4 Scuff right forward, scuff right backward across in front of left
- 5-6 Keeping right across left, tap right toe twice,
- 7-8 Step right to right side, tap left toe behind right foot & clap

VINE LEFT, STEP RIGHT TAP LEFT, STEP LEFT TAP RIGHT

- 09-10 Step left to left side, cross right behind left
- 11-12 Step left to left side, tap right beside left
- 13-14 Step right to right side, tap left beside right & clap,
- 15-16 Step left to left side, tap right beside left & clap

VINE RIGHT WITH SCUFF, ROCKING HORSE

- 17-18 Step right to right side, cross left behind right
- 19-20 Step right to right side, scuff left forward next to right
- 21-22 Rock/step forward onto left, return weight backward onto right
- 23-24 Rock/step backward onto left, return weight forward onto right

STEP LOCK, STEP SCUFF - STEP LOCK, STEP PIVOT & HITCH

- 25-26 Step left forward, lock/step right behind left
- 27-28 Step left forward, scuff right forward next to left
- 29-30 Step right forward, lock/step left behind right
- 31-32 Step right forward, pivot 1/2 turn towards left hitching left

1/4 TURN REGGAE, HOLD - HALF TURN, QUARTER TURN

- 33-34 Cross/step left over right, step backward onto right
- 35-36 Turn 1/4 left as stepping onto left, hold
- 37-38 Step forward onto right, turn 1/2 towards left
- 39-40 Step forward onto right, turn 1/4 left

6 COUNT GRAPEVINE LEFT WITH 1/4 TURN, STEP FORWARD HOLD

- 41-42 Cross/step right in front of left, step left to left side
- 43-44 Cross/step right behind left, step left to left side
- 45-46 Cross/step right in front of left, step left to left side as turning 1/4 right
- 47-48 Step forward onto right, hold

LEFT TOE STRUT, RIGHT TOE STRUT, STEP LEFT, HOLD, TOGETHER, HOLD

- Touch left toe forward, drop left heal down as shifting weight to left, 49-50
- 51-52 Touch right toe forward, drop right heal down as shifting weight to right
- 53-54 Step left to left side, hold
- 55-56 Slide right together next to left keeping weight on left, hold

CROSS, HOLD, UNWIND ½ TURN, HOLD - WALK BACK RIGHT LEFT RIGHT LEFT

57-58 Cross right over left, hold





牆數:4

- 59-60 Unwind 1/2 turn towards left keeping weight on left, hold
- 61-62 Step backwards onto right, step backwards onto left
- 63-64 Step backwards onto right, step backwards onto left.

REPEAT Slap hands onto backside on beat 60 in sequence 5