A Little More Spark

級數: Intermediate

編舞者: Carole Daugherty (USA)

音樂: Elvis Vs JXL Radio Edit Remix - Elvis Presley vs. JXL

Sequence: Begin 16 counts from start of music, AAAA, A:24, B, AAA, B, A, A:24 Elvis VS JXL A Little Less Conversation CD single

PART A

32 COUNTS (THE DANCE)

拍數: 0

KICK & POINT, KICK BALL STEP, KICK LIFT ¼ LEFT STEP, RIGHT SIDE POINTS

- 1&2 Kick right foot forward, step on ball of right foot, point left toes back
- 3&4 Kick left foot forward, step on ball of left foot, step next to left on right foot
- 5&6 Kick left foot across right foot, hitch left knee & hip, step out turning ¼ left on left
- 7&8 Point right toes right, touch right toes next to left, point right toes right

CROSS, UNWIND ½ LEFT, POINT, CROSS ROCK TWICE, WALK, TAP

- &1-2 Cross ball of right over left, unwind ¹/₂ turn left taking weight right, point left toes left
- 3&4 Rock on left foot crossing over right, recover onto right foot, step open on left foot
- 5&6 Rock on right foot crossing over left, recover onto left foot, step open on right foot
- 7-8 Step forward on left foot, tap right toes behind left foot

HEEL JACK, OPEN ¼ RIGHT WITH POPS, LEFT ELVIS, RIGHT ELVIS

- &1&2 Step back on right foot, dig left heel forward, step on left foot, tap right toes next to left
- &3&4 Hop out on right turning ¼ right, hop out onto left foot clapping hands on upper thighs, pulse both knees forward lifting both heels twice
- 5&6 Lift left heel turning left knee in, knock left knee back, knock left knee in
- 7&8 Lift right heel turning right knee in, knock right knee back, knock right knee in

Styling for counts 5&6, and 7&8: raise fist opposite of knee across forehead, straighten free arm back in an Elvis pose, pulse hips with knees

1/2 SPIN RIGHT WITH BUMPS TWICE, WEIGHTED TRAVELING FOOT SWIVELS

- &1&2 Shift weight right, spin ½ right on right foot while hitching left hip touching left toes left, bump hips left, bump hips left taking weight left
- &3&4 Shift weight right, spin ½ right on right foot while hitching left hip touching left toes left, bump hips left, bump hips left taking weight left
- 5&6 Swivel left heel in, out, in while traveling to the right taking weight right on count 6 (right toes start touched right for balance then assume weight)
- 7&8 Swivel right heel in, out, in, while traveling to the left, taking weight left on count 8 (left toes are touched left for balance then assume weight)

Option: replace 5-8 with heel swivels using both feet

PART B

40 COUNTS (THE KING)

The musical cue is very distinct, part b is done 1st on the back wall, 2nd time on front wall RIGHT ELVIS POSE, HOLD, KNEE POPS WITH WIGGLES & SHIMMIES

- 1-2-3-4 Turn right knee in with left fist across forehead, hold pose for 3 counts
- 5-8 Alternate heel lifts & knee pops on whole and & counts while wiggling hips & shimmying shoulders just shake something!

LEFT ELVIS POSE, HOLD, KNEE POPS WITH WIGGLES N SHIMMIES

1-2-3-4 Turn left knee in with right fist across forehead, hold pose for 3 counts





牆數:2

5-8 Alternate heel lifts & knee pops on whole and & counts while wiggling hips & shimmying shoulders - just shake something!

RIGHT ELVIS, LEFT ELVIS, KNEE STRUT WALKS RIGHT, LEFT

- 1-2 Turn right knee in with left fist across forehead, step on right heel
- 3-4 Turn left knee in with right fist across forehead, step on left heel
- 5-6 Step forward right rolling right knee, step down on right heel
- 7-8 Step forward left rolling left knee, step down on left heel

FORWARD TRAVELING REAR FOOT STRUTS - RIGHT, LEFT, RIGHT, LEFT

1&2 Step diagonally across left on right, lift/swivel left heel in place, tap left heel in place

3&4 Step diagonally across right on left, lift/swivel right heel in place, tap right heel in place

5&6 Step diagonally across left on right, lift/swivel left heel in place, tap left heel in place

7&8 Step diagonally across right on left, lift/swivel right heel in place, tap right heel in place

Styling: the forward foot is primarily weighted, though weight is somewhat centered for the heel lift/swivels. Lean back slightly & use c'mon c'mon hand gestures. Option: replace with forward struts

GUITAR SWINGS, SMALL STEPS BACK WITH ARMS

&1-2 Turn right knee in, sway hips and swing right arm up and around to the left in a large circle

- 3-4 Sway hips and swing right arm up and around to the left in a large circle (stop swing at hip)
- 5&6& Take small steps traveling back on the toes alternating right, left, right, left

7&8& Take small steps traveling back on the toes alternating right, left, right, left

During counts 5-8&, use footwork to gradually close foot position and return to the starting point of part b. Arm styling: raise arms gradually from sides to above head for count 8, drop arms on & count to restart A

A:24

Dance the 1st 24 counts of Part A, complete the Right Elvis, omit the 4th 8 count section

Add "Elvis" pose to finish with music

1-2 Turn left knee in with right fist across forehead, hold pose