

Loch Ness Stomp

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Mary Kelly (UK)
音樂: One Way Ticket - LeAnn Rimes



RIGHT, LEFT HEEL STRUTS, QUARTER TURNING BOX STEP

- 1-2 Step forward on right heel, slap right toe to floor
- 3-4 Step forward on left heel, slap left toe to floor
- 5-8 Cross right over left, step back on left, step quarter turn right on right, close left beside right

RIGHT KICK, KICK, BALL, CHANGE, STOMP, STOMP LEFT FORWARD, THREE LEFT HEEL TAPS

- 9-10 Kick right forward twice
- &11 Step on ball of right beside left, change weight to left
- 12 Stomp right beside left
- 13 Stomp left foot forward directly in front of right
- 14-16 Tap left heel three times

QUARTER TURN, CLAP, QUARTER TURN, CLAP, ROCK, STEP, TWO RIGHT KICKS FORWARD

- 17 With left foot still in front of right, raise weight onto balls of both feet and pivot quarter turn right
- 18 Hold with one clap
- 19 With feet now parallel, raise weight onto balls of both feet and pivot quarter turn right
- 20 Hold with one clap
- 21-22 Rock back on right, rock forward in place on left
- 23-24 Kick right forward twice

SHIMMY FORWARD TWICE, SHIMMY BACK TWICE, RIGHT VINE ENDING IN STOMP

- 25-26 Small step forward on right while shimmying shoulders forward for two counts, bending knees slightly
- 27-28 Shimmy shoulders back for two counts, bending knees slightly
- 29-32 Step right on right, step left behind right, step right on right, stomp left beside right

REPEAT