

Loco-Motion (P)

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 0 級數: Partner
編舞者: Larry Carriger (USA) & Jody Carriger (USA)
音樂: Locomotion - Scooter Lee



Position: Facing each other in lines or circle, double hand hold, man facing outside of circle, lady facing inside

SWAY HIPS AND SHUFFLE IN PLACE

- 1-2-3&4 (Turn 1/8 to right) step left and sway hips left, sway hips right, left, right, left shuffle in place (turning back to original starting position, facing partner)
5-6-7&8 (Turn 1/8 to left) step right and sway hips right, sway hips left, right, left, right shuffle in place (turning back to original starting position, facing partner)

THE PASS AND PULL

- 1-4 (Drop man's left hand, lady's right, lady travels under man's right arm, rejoin hands on count 3) step left with left, step forward (and slightly right) with right, step left by right, touch right toe to side (back to back)
5-8 (Drop man's right hand, lady's left, lady travels under man's left arm back into double hand hold on count 7) step right to right, step back (and slightly left) with left, step right next to left, touch left toe to side

CROSS STRUT, RIGHT STRUT, REPEAT

- 1-4 (Drop hands) cross left foot in front of right and touch left toe by right foot, drop left heel snap fingers, touch right toe to right beside left foot, drop right heel & snap fingers
5-8 Repeat 1-4 cross struts (ending between second and third person from partner)

STRUT IN PLACE, FORWARD WALKS, KICK

- 1-4 Touch left toe in place, drop heel, touch right toe in place, drop heel (while doing toe struts, move arms like train wheels)
5-8 Step forward left, step forward right, step forward left, (moving arms) kick right forward clap

BACK STEPS, CROSS STRUT, LEFT STRUT

- 1-4 Step back right-left-right, step left by right
5-8 Cross right foot in front of left and touch right toe by left foot, drop right heel snap fingers, touch left toe beside right, drop left heel snap fingers

CROSS STRUT, LEFT STRUT, 2 HEELS FORWARD, SYNCPATED STEPS

- 1-4 Repeat 5-8 cross strut steps (rejoin hands)
5-6&7-8 Touch right heel forward twice, step back on right on the & count, step left by right on count 7, step right by left on count 8

REPEAT