London Bridge



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Denis N Leoue

音樂: London Bridge - Fergie



OUT, OUT, TOGETHER, CROSS SHUFFLE, STEP, TAP, BACK, HEEL, STEP, STEP

1-2 Step right out to right diagonal, step left out to left diagonal

& Step right together

3&4 Cross shuffle on left-right-left

5-6 Step right forward, tap left toes behind right heel

&7 Step left back, touch right heel forward&8 Step down on right, step left forward

ROCK, RECOVER, COASTER STEP, SWIVEL HEELS OUT/IN/OUT, FORWARD SHUFFLE

1-2 Rock right forward, recover onto left

3&4 Coaster step on right-left-right

5&6 Touch left forward swiveling both heels out/in/out

7&8 Forward shuffle on left-right-left

ROCK, RECOVER, THREE QUARTER TURN RIGHT, HIP BUMPS, HIP ROLL

1-2 Rock right forward, recover onto left
3&4 Triple ³/₄ turn right on right-left-right
5-6 Bump hips to left twice bending knees

7-8 With weight on left, roll hips to right side and back over 2 counts

TRAVELING TRIPLE FULL TURN RIGHT, CROSS SHUFFLE, SIDE ROCK, BACK ROCK, RUN-RUN-TOUCH

1&2 Triple full turn right on right-left-right traveling to right side

3&4 Cross shuffle on left-right-left

5& Rock right to right side, recover onto left

6& Rock right back, recover onto left

7&8 Run forward on right, run forward on left, touch right beside left

REPEAT

RESTART

Restart during the 4th repetition (3:00) after counts 1-8 Restart during the 7th repetition (9:00) after counts 1-16