

# Lonely (P)

**COPPER KNOB**  
STEPPERS

拍數: 52      牆數: 0      級數: Partner  
編舞者: Norma Jean Fuller (USA) & Lewis Cain (USA)  
音樂: He's Got You - Brooks & Dunn



**Position: Sweetheart Position (Footwork is the same unless otherwise noted.)**

## **CROSS OVER ROCK, CHA-CHA IN PLACE, CROSS OVER ROCK, CHA-CHA IN PLACE**

- 1 Cross step right over left turning at a 45 degree angle to left
- 2 Rock back on left
- 3 Step right next to left
- & Step left in place
- 4 Step right in place
- 5 Cross step left over right turning at a 45 degree angle to right
- 6 Rock back on right
- 7 Step left next to right
- & Step right next to left
- 8 Step left foot in place

## **SHUFFLES FORWARD**

- 1-2 Shuffles forward (right-left-right)
- 3-4 Shuffles forward (left-right-left)
- 5-6 Shuffles forward (right-left-right)
- 7-8 Shuffles forward (left-right-left)

## **ROCK FORWARD ON RIGHT, ROCK BACK ON RIGHT, ROCK BACK ON RIGHT, ROCK FORWARD ON LEFT, (ROCK WITH A SWAYING MOTION)**

- 1 Rock step forward on right
- 2 Rock back on left
- 3 Rock step back on right
- 4 Rock step forward on left

## **STEP PIVOT, VINE RIGHT, SWAY, SWAY, CHA-CHA-CHA OR HIP-HIP-HIP**

- 1 Step forward on right, pivoting ¼ turn right (facing OLOD)
- 2 Step left on left
- 3 Cross right foot behind left
- 4 Step to the left on left foot (swaying with this step)
- 5 Sway to the right on right foot
- 6 Sway to the left on left foot
- 7-8 Cha-cha-cha in place (right-left-right) variation hip, hip, hip

## **LADY'S FULL TURN TO THE LEFT, MEN VINE LEFT, LADY'S FULL TURN TO THE RIGHT, MEN VINE RIGHT**

Men lift hands above lady's head and lady places hers under his as she executes her turn. Bring hands out "spread eagle style" after each turn is complete.

- 1 **MAN:** Step to the left on left (turning ¼ turn left)  
**LADY:** Step to the left on left
- 2 **MAN:** Step right across left (turning ½ turn left)  
**LADY:** Step right behind left
- 3 **MAN:** Step left to left (turning ¼ turn left)  
**LADY:** Step left foot to left
- 4 **MAN:** Touch right next to left

- LADY:** Touch right next to left
- 5 **MAN:** Step to the right on right (turning  $\frac{1}{4}$  turn right)
- LADY:** Step to right on right
- 6 **MAN:** Step left across right (turning  $\frac{1}{2}$  turn right)
- LADY:** Step left behind right
- 7 **MAN:** Step right to right (turning  $\frac{1}{4}$  turn right)
- LADY:** Step right foot to right
- 8 **MAN:** Touch left next to right
- LADY:** Touch left next to right

#### **STEP SLIDE, STEP TOUCH, STEP SLIDE, STEP TOUCH**

**Right hands on lady's waist, left hands extended and head facing LOD**

- 1 Step to the left on left
- 2 Slide right next to left
- 3 Step to the left on left
- 4 Touch right next to left

**Left hands on lady's waist, right hands extended and head facing RLOD**

- 5 Step to the right on right
- 6 Slide left next to right
- 7 Step to the right on right
- 8 Touch left next to right

#### **STEP, TOUCH, STEP, STEP, TOUCH**

**Use the next 4 steps with a swaying motion. Put hands on lady's waist.**

- 1 Step to the left on left foot
- 2 Touch right toe next to left foot
- 3 Step to the right on right foot
- 4 Touch left toe next to right foot

#### **LADY TURNS 1 $\frac{1}{4}$ TURN UNDER MAN'S RIGHT ARM, MAN VINES WITH $\frac{1}{4}$ TURN LEFT**

- 1 **MAN:** Step to the left (pivot  $\frac{1}{4}$  turn left)  
**LADY:** Step to left on left
- 2 **MAN:** Step right across left turning  $\frac{1}{2}$  turn left  
**LADY:** Step right behind left
- 3 **MAN:** Step left behind right turning  $\frac{1}{2}$  turn left  
**LADY:** Step to left on left (turning  $\frac{1}{4}$  turn left)
- 4 **MAN:** Touch right toe to right side  
**LADY:** Touch right toe to right side

**REPEAT**

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