Looking Forward Looking Back



拍數: 64 牆數: 2 級數: Intermediate

編舞者: Trish Pratchett (AUS)

音樂: Looking Forward Looking Back - Slim Dusty



1-4 5-8	Step forward on right, step left behind right, step forward on right, hold Step forward on left, step right behind left, step forward on left, touch right foot beside left
1-4	Step back on right, turn ½ left stepping out on left, step forward on right, hold
5-8	Step forward on left, step right behind left, step forward on left, touch right foot beside left
1-4	Step right to right side, twisting both heels to left then center, cross right in front of left, hold
5-8	Step left to left side, twisting both heels to right then center, cross left in front of right, hold
1-4	Step forward on right, pivot ½ left, step forward on right, hold
5-8	Step forward on left, pivot ½ right, step forward on left, hold
1-4	Step right foot to right, step left behind right, step right foot to right, turn ½ left with a scuff on right foot
5-8	Step left foot to left, step right behind left, step left foot to left, turn ¼ left with a scuff on right foot
1-4	Cross right foot over left, step left foot to left side, turn ¼ right stepping onto right foot, hold
5-8	Cross left foot over right, step right to right side, step left foot beside right, hold
1-4	Step right foot to right, step left behind right, step right foot to right, turn ½ right with a scuff on left foot
5-8	Step left foot to left, step right behind left, step left foot to left, turn ¼ left with a scuff on right foot
1-4	Cross right foot over left, step left foot to left side, turn ¼ right stepping forward on right foot, hold
5-8	Step left foot behind right, step right foot to right, step left foot to left, hold

REPEAT

TAG

While facing the 2nd wall, do counts 1-8 of the dance instead of the last 16 counts

At the start of the 4th and 8th wall, slow down with music until you stop. Making a ½ turn right restart dance on 5th and 9th wall with the word "forward"

At the start of the 10th wall, do counts 1-16 of the dance. Then repeat again until you finish the dance on looking back while dragging left foot up to right.