Lost With You

拍數: 32

級數: Intermediate

編舞者: Michel Cabana (CAN) & Donna White (USA)

音樂: Early On Tuesday - Jesse Cook

MAMBO RIGHT, ROCK BACK & KICK, MAMBO LEFT, ROCK BACK & KICK

- 1&2 Rock right to the right, recover weight on the left, step right beside left
- 3&4 Rock back on left, recover weight on the right, kick left forward
- 5&6 Rock left to the left, recover weight on the right, step left beside right
- 7&8 Rock back on the right, recover weight on the left, kick right forward

COASTER STEP, MILITARY PIVOT, ½ TURN STEP, MILITARY PIVOT

- 1&2 Step back on the right, step left beside right, step forward on the right
- 3-4 Step forward on the left, pivot 1/2 turn right weight ending on the right
- 5&6 Step forward on the left, pivot 1/2 turn right as you step right beside left, step forward on the left
- 7-8 Step forward on the right, pivot 1/2 turn left weight ending on the left

FORWARD, LOCK, FORWARD LOCK STEP, FORWARD, LOCK, FORWARD LOCK STEP

- Step forward on the right, lock left behind right 1-2
- 3&4 Step forward on the right, lock left behind right, step forward on the right
- 5-6 Step forward on the left, lock right behind left
- Step forward on the left, lock right behind left, step forward on the left 7&8

STEP, ¼ TURN, CROSS & CROSS, ¼ TURN, ½ TURN, ¼ TURN ROCK & CROSS

- 1-2 Step forward on the right, pivot 1/4 turn left weight ending on the left
- 3&4 Cross right over left, step left to the left side slightly back, cross right over left
- 5-6 Pivot ¼ turn right as you step back on the left, pivot ½ turn right as you step forward on the right
- 7&8 Pivot ¼ turn right as you rock left to the left, recover weight on the right, cross left over right

REPEAT





牆數:4