Lyin (P)



拍數: 48 牆數: 0 級數: Partner

編舞者: FastFour

音樂: I'd Be Lyin' - McBride & The Ride



Position: Sweetheart Position

STEP LOCK STEP TOUCH

1 Left foot step forward diagonally left

2 Right lock behind left foot3 Left foot step forward

4 Right toe touch to right side (slightly forward)

CROSS OVER UNWIND STEP BACK ROCK FORWARD

Right foot cross over left foot. Drop right hands raise left, man Left turn ½ (unwinds). Turns under arms as he unwinds.

7 Left foot step back. Rejoin hands in ?? position

8 Right foot rock forward (apply weight)

9-16 Repeat 1-8 (in reverse LOD)

Raise left arms over ladies head, ½ turn into LOD back to sweetheart hold. Do not release hands.

LEFT & RIGHT SHUFFLES

17&18 Left shuffle 19&20 Right shuffle

TURN 1/4 BEHIND SIDE BEHIND SIDE 1/2 TURN SCUFF

Left step with ¼ right (gent behind lady) tandem position, arms extended out Right foot cross behind left and step (with a dip) to side at shoulder height.

23 Left foot step to left

24 Right foot cross behind left and step (with a dip)

25 Left foot step left with ¼ turn left. Release left hands, bring right

26 Right foot scuff with ¼ turn left. Over ladies head to face inside of circle in reverse Indian

position.

SIDE BEHIND SIDE BEHIND 1/4 TURN SCUFF

27 Right foot step to right

28 Left foot cross behind right and step (with a dip)

29 Right foot step to right

30 Left foot cross behind right and step (with a dip)

Right foot step (¼ turn to face LOD). Release left hands raise right over Left foot scuff forward. Ladies head rejoin left hands in sweetheart position.

LEFT & RIGHT SHUFFLE

33&34 Left shuffle 35&36 Right shuffle

MAN ROLLS LADY WALKS

GENT rolls to left full turn on these four steps

37-40 Left-right-left-right as lady walks forward. Drop right hands raise left hands on 1,2 and lower

between partners on 3,4. Man turns under left arms when raised

LADY ROLLS MAN WALKS

LADY rolls to right full turn on these four steps

Left-right-left-right as man walks forward raise left arms as lady turns under on 1,2 and lower

on 3,4 rejoining in sweetheart position.

LEFT & RIGHT SHUFFLES

45&46 Left shuffle 47&48 Right shuffle

REPEAT