

# Mad As Hell

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Kash Bane (UK)  
音樂: Not Ready to Make Nice - The Chicks



## **SWEEP, RIGHT SAILOR, BEHIND, SIDE, ¼ TURN, FULL TURN, STEP**

- 1-2      Sweep right foot out from front of you and round behind left foot  
3&4      Step right behind left, step left to left side, step right to right side  
5&6      Cross left foot behind right, step right foot to right side, do a ¼ turn right stepping forward on left  
7&8      Make a ½ turn left stepping back on right foot, continue the turn making a further ½ turn stepping forward on left, step forward on right

## **FORWARD ROCK AND RECOVER, ½ TURNING SHUFFLE, ¾ CROSS, CROSS BALL STEP**

- 1-2      Rock forward on left foot, recover onto right foot  
3&4      Do a ½ turn over left shoulder stepping left forward, close right at left, step forward on left  
5&6      Step right to right side making a ¼ turn left, step left to left side making a ½ turn, cross right over left  
&7&8      Sweep left out from behind right, cross in front right foot, step back on right, step left in place

## **FORWARD ROCK AND RECOVER, ½ TURNING SHUFFLE, FULL TURN WITH SWEEP, BEHIND SIDE CROSS**

- 1-2      Rock forward on right foot, recover onto left foot  
3&4      Do a ½ turn over right shoulder stepping right forward, close left at right, step forward on right  
5-6      Make a ½ turn over right shoulder stepping back on left foot, on ball of left make a further ½ turn and sweep right foot out  
7&8      Step right behind left, step left to left side, cross right over left

## **STEP, BEHIND SIDE CROSS, STEP, CROSS ROCK, ¼ TURNING EXTENDED SHUFFLE**

- 1      Step left to left side  
2&3      Step right behind left, step left to left side, cross right over left  
4      Step left to left side  
5-6      Rock right foot in front of left, recover onto left foot  
&7&8      Make a ¼ turn right stepping forward on right, close left at right, step forward on right, close left at right

## **REPEAT**

## **TAG**

**After second wall add this tag(at end of chorus after extended shuffle)**

- &1      Step forward on right, complete a full turn on ball of right foot hooking left at right shin  
2&      Step down on left foot, point right toe to right side  
3-4      Slide right toe to center but do not put weight onto it

**You now restart the dance from beginning**

## **RESTART**

**After you have danced the fourth wall the track goes into a small instrumental. At this point dance counts 1-20 (½ turning right shuffle) then restart from the beginning**