Makin' Lotsa Noise

拍數: 32

級數: Intermediate

編舞者: Ernie (Hutch) Hutchinson (USA)

牆數: 2

音樂: (Don't Put Me In) The Ex Files (feat. Buck Owens) - The Bellamy Brothers

This dance is dedicated to all my rowdy friends who like to "Make Lotsa Noise" when they dance.

BACK & FORWARD; FORWARD & CENTER - FORWARD & ½ TURN RIGHT, FORWARD & ½ TURN LEFT (MAKING AN "X")

- 1&2 Step right back behind left at an angle (toward 8:00); return weight to left; step forward on right (2:00)
- 3&4 Step forward on left at an angle (2:00); return weight to right; step left next to right (12:00)
- 5&6 Step forward on right at an angle (10:00); return weight to left; ½ turn right stepping forward on right (4:00)
- 7&8 Step forward on left at an angle (4:00); return weight to right; ½ turn left stepping forward on left (12:00)

This series of steps is meant to resemble an "X"

VINE RIGHT; CROSS, ¼ LEFT, BACK - BACK, FORWARD; LOCK, ¼ RIGHT, FORWARD

- 1&2 Step right to right side (slightly forward); cross left behind right; step right to right side (slightly back)
- 3&4 Cross left over right; step right to right side into ¼ turn left; step left back next to right
- 5-6 Step back on right; return weight to left
- 7&8 Step right forward to outside of left; step forward on left into ¼ turn right; step forward on right (12:00)

On count 5, take a big step back on the right foot so that the lock step can be executed more easily

FORWARD LOCK SHUFFLES RIGHT & LEFT - ¼ RIGHT, ¼ RIGHT; BACK LEFT COASTER

- 1&2 Step forward on left; step right forward to outside of left; step forward on left (angle body towards 2:00)
- 3&4 Step forward on right; step left forward to outside of right; step forward on right (angle body towards 10:00)
- 5-6 Step forward on left into ¼ turn right; turning on left into ¼ turn right, step back on right
- 7&8 Step back on left; step right back next to left; step forward on left

Styling note: lock shuffles (1&2, 3&4) should be done on an angle while traveling forward

SHUFFLE FORWARD RIGHT-LEFT-RIGHT; SIDE LEFT, ROCK RIGHT - CROSS, SIDE, BACK; CROSS, SIDE

- 1&2 Shuffle forward right-left-right
- 3-4 Step to left side on left; step back on right
- 5&6 Cross left over right; step to right side on right; step back on left
- 7-8 Cross right over left; step to left side on left

REPEAT

TAG

During the preferred song, "The X-Files", at the end of the 2nd repetition only (you will be facing the front wall), on counts 7&8 of the 2nd set of 8, instead of lock-1/4 turn right-forward right, do the following 7 Step right forward to outside of left

8 Step forward on left into ¼ turn right

Begin the dance again.



