Maril's Waltz (P)



拍數: 48 牆數: 0 級數: Partner

編舞者: Dan Albro (USA)

音樂: Alibis - Tracy Lawrence



Position: starting in closed social position. Man facing LOD, lady facing RLOD. Count 1 is always man's left and lady's right

BASIC WALTZ PATTERN TRAVELING LOD

1-6 MAN: Step forward left, step forward right, step forward left, step forward right, step forward left, step forward right

LADY: Step back right, step back left, step back right, step back left, step back right, step

back left

MAN TURNS LADY A FULL TURN RIGHT INTO 2 HAND HOLD

1-6 MAN: Repeat 1-6; leading lady's full turn with man's left hand (pick up lady's left hand on

count 3)

LADY: Traveling LOD turn ½ right stepping forward right, turn ½ right stepping back left, step

back right, step back left, right, left (two hand hold)

MAN TURNS LADY A FULL TURN INTO 2 HAND HOLD, BOTH CROSS OVER, ROCK, REPLACE

MAN: Stepping LOD left, right, left lead lady's turn with left hand (pick up lady's left hand on 1-2-3 count 3)

LADY: Traveling LOD turn ½ right stepping forward right, turn ½ right stepping back left, step

back right

4-5-6 MAN: Cross right over left, step left angle forward, step right side

LADY: Cross left over right, step right angle back, step left side

1/4 TURN ROCK TO OLOD, REPLACE, 1/4 TURN ROCK TO ILOD, REPLACE

1-2-3 MAN: ¼ Turn right to OLOD crossing rock left over right, replace weight on right, ¼ turn left

stepping on left to face partner

LADY: 1/4 Turn left to OLOD crossing rock right over left, replace weight on left, 1/4 turn right

stepping on right to face partner

MAN: ¼ Turn left to ILOD crossing rock right over left, replace weight on left, ¼ turn right 4-5-6

stepping on right to face partner

LADY: 1/4 Turn right to ILOD crossing rock left over right, replace weight on right, 1/4 turn left

stepping on left to face

On count 1 release lady's left hand, on count 3 pick her left hand back up. On count 4 release lady's right hand, on count 6 pick her right hand back up

FULL TURN, ANGLE LOD RIGHT SHOULDERS LINE UP (ZIG ZAG)

1-2-3 MAN: ¼ Turn right stepping forward left to OLOD, pivot ½ right weight on right, turn ¼ right

stepping forward left

LADY: ¼ Turn left stepping forward right, pivot ½ left weight on left, ¼ left stepping back on

right (right shoulders together)

4-5-6 Man: step forward right (right shoulders together), small step forward left (bring lady in front

of you), step forward right

LADY: Step back left (right shoulders together), small step back right (facing partner), step

back left

ANGLE LOD LEFT SHOULDERS, ANGLE LOD RIGHT SHOULDERS (ZIG ZAGS)

MAN: Step forward left (left shoulders together), small step forward right (facing partner) step 1-2-3 forward left

LADY: Step back right (left shoulders together), small step back left (facing partner), step back right

4-5-6 **MAN:** Step forward right (right shoulders together), step forward left (turn shoulders right), step forward right

LADY: Step back left (right shoulders together), 1/4 turn right stepping side right, step left next to right

LADY'S FULL TURN LOD, CROSS OVER, SIDE, BEHIND (TRAVELING LOD)

1-2-3 **MAN:** Traveling LOD step forward left, step forward right, step forward left turning lady full turn right (hold her right hand)

LADY: Traveling LOD turn ¼ right stepping forward right, ½ turn right stepping back on left, ¼ turn right stepping side right

4-5-6 **MAN:** Step forward right (pick up lady's left hand), turn ¼ right stepping side left (pick up lady's right hand) cross right behind left

LADY: Weaving cross left over right, step side right, step left behind right

LADY'S FULL TURN LOD, MEN IN FRONT, BRING LADY AROUND

1-2-3 **MAN:** Turn ½ left stepping forward LEFT, step forward RIGHT, step forward LEFT turning Lady full turn right (hold her right hand)

LADY: Traveling LOD turn ¼ right stepping forward RIGHT, ½ turn right stepping back on LEFT, ¼ turn right stepping side RIGHT

4-5 **MAN:** Crossing directly in front of lady turn ¼ right stepping forward right, turn ½ right stepping back left, ¼ turn right stepping right next to left (turning lady and bringing her into original closed position)

4-5-6 **LADY:** Small step forward on left (as man crosses in front), step forward right in between man's feet, ½ turn right stepping back left

Hands lead lady's turn with man's left hand, after count 3 bring your right hand around lady's waist as lady's place left hand on man's upper arm into original closed position keeping a good frame to bring lady's around in front of man

REPEAT