# M.C. Bump

拍數: 34

級數: Intermediate

編舞者: Michael Connolly

音樂: Turn That Radio On - Ronnie Milsap

## **TOE TOUCHES**

- 1-2 Touch right toe out to side, bring back next to left
- 3-4 Touch right toe out to side, bring back next to left
- 5-6 Touch left toe out to side, bring back next to right
- 7-8 Touch left toe out to side, bring back next to right

#### **HEEL/TOE TOUCHES**

- 9-10 Touch right heel forward twice
- 11-12 Touch right toe in back twice
- 13 Touch right heel forward once
- 14 Touch right toe in back once

#### TURN

- 15 Step forward on right, turning 1/4 turn to right
- Touch left toe out to side (keep weight on right foot) 16
- 17 Cross left foot in front of right (putting weight on left foot)
- 18 Touch right toe out to side

## SHORT JAZZ BOX

- 19 Cross right over left (change weight)
- 20 Step back on left foot
- 21 Step right foot next to left
- 22 Jump in place on both feet

#### **GRAPEVINE RIGHT**

- 23-25 Vine right (step right, left behind, step right)
- 26 Kick left foot forward

## SPINNING VINE

- 27 Step left, pointing right toe out and beginning <sup>1</sup>/<sub>4</sub> turn to left
- 28 Cross right foot over left and complete another 1/4 turn to left
- 29 Step left foot behind right and spinning in a 1/2 turn to left
- 30 Stomp right foot next to left and clap hands at same time

#### HIP BUMPS

31-34 Bump hips to right, left, right, left

## REPEAT





牆數: 4