

# Mc Cha

拍數: 32      牆數: 4      級數: Improver social cha  
編舞者: Michel Cabana (CAN)  
音樂: Nothing On but the Radio - Gary Allan



## ROCK, RECOVER WITH A HOOK, SHUFFLE FORWARD, ROCK, RECOVER WITH A HOOK, SHUFFLE FORWARD

1-2      Step slightly forward on the right, recover on the left as you hook right over left  
3&4      Step forward on the right, step left beside right, step forward on the right  
5-6      Step slightly forward on the left, recover on the right as you hook left over right  
7&8      Step forward on the left, step right beside left, step forward on the left

## ROCK, RECOVER, ¼ RIGHT SHUFFLE SIDE, CROSS, ¼ LEFT, ¼ LEFT SHUFFLE SIDE

1-2      Step forward on the right, recover on the left  
3&4      Pivot ¼ turn right as you step right to the right, step left beside right, step right to the right  
5-6      Cross left over right, pivot ¼ turn left as you step back on the right  
7&8      Pivot ¼ turn left as you step left to the left, step right beside left, step left to the left

## CROSS ROCK, RECOVER, SHUFFLE SIDE, CROSS ROCK, RECOVER, SHUFFLE SIDE

1-2      Cross right over left, recover on the left  
3&4      Step right to the right, step left beside right, step right to the right  
5-6      Cross left over right, recover on the right  
7&8      Step left to the left, step right beside left, step left to the left

## MODIFIED JAZZ BOX WITH ¼ TURN RIGHT

1-2      Cross right over left, pivot ¼ turn right as you step back on the left  
3-4      Step right to the right, step forward on the left  
5-6      Cross right over left, pivot ¼ turn right as you step back on the left  
7-8      Step right to the right, step forward on the left

## REPEAT

## RESTART

On the 6th wall, restart after 28 counts (after the first jazz box)