

Me, Me, Me (P)

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 0 級數: Partner
編舞者: Bill Dodd & Mare Dodd (USA)
音樂: I Wanna Talk About Me - Toby Keith



Position: Couple begins on right foot & in sweetheart position. They will remain on the same foot throughout the dance.

Sequence: AABA

PART A

SHUFFLES FORWARD RIGHT, LEFT, RIGHT, LEFT

1&2 Shuffle forward right-left-right
3&4 Shuffle forward left-right-left
5&6 Shuffle forward right-left-right
7&8 Shuffle forward left-right-left

RIGHT STEP-SLIDE LEFT, STEP RIGHT, SCUFF LEFT, LEFT STEP-SLIDE RIGHT, STEP LEFT, SCUFF RIGHT

1-2 Step forward on right, slide left behind right
3-4 Step forward on right, scuff left
5-6 Step forward on left, slide right behind left
7-8 Step forward on left, scuff right

STEP FORWARD; PIVOT ½ LEFT

1-2 STEP FORWARD ON RIGHT; PIVOT ½ LEFT

Drop right hands, raise left hands over man's head & bring right into hammerlock at his back, left hands are joined in front of woman

1-18 REPEAT ABOVE 18 STEPS TOWARDS RLOD
After pivot, couple will face LOD again & are in sweetheart position

SHUFFLE FORWARD RIGHT & LEFT; TURNING SHUFFLES

1&2 Shuffle forward right-left-right
3&4 Shuffle forward left-right-left
5&6 **LADY:** Turn ¼ right as she shuffles right-left-right
 MAN: Turn ¼ right as he shuffles right-left-right
7&8 **LADY:** Turn ½ right as she shuffle left-right-left to face partner
 MAN: Shuffle left-right-left in place (facing partner)

Man's left arm will go over lady's head as she turns & arms will end in a crossover position when she faces him

GRAPEVINE RIGHT WITH ¼ TURN LEFT

1-2 Releasing hands, step right to right; step left behind beginning ¼ turn left
3-4 Step on right, step on left as you finish ¼ turn left

Couple will now be apart & facing each other - man faces LOD, lady faces RLOD

"WANNA TALK ABOUT ME" - HEEL TOUCHES & ¼ TURNS X 4

1-2 Touch right heel forward; turn ¼ right as you step on right, (point right thumb at chest)
3-4 Touch left heel forward; turn ¼ left as you step on left, (point left thumb at chest)
5-6 Touch right heel forward; turn ¼ right as you step on right, (point right thumb at chest)
7-8 Touch left heel forward; turn ¼ left as you step on left, (point left thumb at chest)

Man should now face LOD again & woman RLOD

SHUFFLE RIGHT; STEP-PIVOT ¼ RIGHT; FULL TURN (LADY) GRAPEVINE (MAN)

- 1&2 Shuffle forward right-left-right
3-4 **LADY:** Step forward on left; pivot ¼ right & touch right beside left
MAN: Step forward on left; pivot ¼ right & step on right (rejoin hands at waist)
5-8 **LADY:** Turn one full turn to right, stepping right, left, right, left
MAN: Grapevine left & touch right

STEP RIGHT-HITCH LEFT-STEP LEFT-TOUCH RIGHT; REPEAT

- 1-2 Heading toward your partner's left shoulder: step forward at 45 angle right on right; hitch left knee
3-4 At 45 angle back to left, step down on left; touch right
5-8 Repeat above 4 counts but head toward partners right shoulder

GRAPEVINE RIGHT WITH ¼ TURN LEFT

- 1-2 Step right to right side, step left behind right beginning ¼ left turn
3-4 Step on right as you finish ¼ left turn; step on left

"WANNA TALK ABOUT ME" HEEL TOUCHES & ¼ TURNS X 4

- 1-2 Touch right heel forward, turn ¼ right as you step on right (point right thumb at chest)
3-4 Touch left heel forward, turn ¼ left as you step on left (point left thumb at chest)
5-6 Touch right heel forward, turn ¼ right as you step on right (point right thumb at chest)
7-8 Touch left heel forward, turn ¼ left as you step on left (point left thumb at chest)

Man should now face LOD again & woman RLOD

SHUFFLE RIGHT; STEP-PIVOT ¼ RIGHT; FULL TURN (LADY) GRAPEVINE (MAN)

- 1&2 Shuffle forward right-left-right
3-4 **LADY:** Step forward on left; pivot ¼ right & touch right beside left
MAN: Step forward on left; pivot ¼ right & step on right (rejoin hands at waist)
5-8 **LADY:** Turn 1 & ¼ turn to right, stepping right, left, right, left
MAN: Grapevine left with ¼ turn left & touch right

PART B

SHUFFLE FORWARD RIGHT, LEFT, RIGHT, LEFT

- 1&2 Shuffle forward right-left-right
3&4 Shuffle forward left-right-left
5&6 Shuffle forward right-left-right
7&8 Shuffle forward left-right-left

STEP RIGHT-SLIDE LEFT, STEP RIGHT; SCUFF LEFT; STEP LEFT-SLIDE RIGHT, STEP LEFT; SCUFF RIGHT

- 1-2 Step forward on right, slide left behind right
3-4 Step forward on right, scuff left
5-6 Step forward on left, slide right behind left
7-8 Step forward on left, scuff right

Step right-pivot ½ left; step right-pivot ½ left; shuffle forward right & LEFT

- 1-2 Step forward on right, pivot ½ left
3-4 Step forward on right; pivot ½ left

SHUFFLE FORWARD RIGHT & LEFT; TURNING SHUFFLES

- 5&6 Shuffle forward right-left-right
7&8 Shuffle forward left-right-left
1&2 **LADY:** Turn ¼ right as she shuffles right-left-right
MAN: Turn ¼ right as he shuffles right-left-right

3&4 **LADY:** Turn $\frac{1}{2}$ right as she shuffle left-right-left to face partner

MAN: Shuffle left-right-left in place (facing partner)

Man's left arm will go over lady's head as she turns & arms will end in a crossover position when she faces him

GRAPEVINE RIGHT WITH $\frac{1}{4}$ TURN LEFT

5-6 Releasing hands, step right to right; step left behind beginning $\frac{1}{4}$ turn left

7-8 Step on right, step on left as you finish $\frac{1}{4}$ turn left

Couple will now be apart & facing each other - man faces LOD, lady faces RLOD

"WANNA TALK ABOUT ME" - HEEL TOUCHES & $\frac{1}{4}$ TURNS X 4

1-2 Touch right heel forward, turn $\frac{1}{4}$ right as you step on right (point right thumb at chest)

3-4 Touch left heel forward, turn $\frac{1}{4}$ left as you step on left (point left thumb at chest)

5-6 Touch right heel forward, turn $\frac{1}{4}$ right as you step on right (point right thumb at chest)

7-8 Touch left heel forward, turn $\frac{1}{4}$ left as you step on left (point left thumb at chest)

SHUFFLE RIGHT; STEP LEFT-PIVOT $\frac{1}{4}$ RIGHT; FULL TURN (LADY); GRAPEVINE (MAN)

1&2 Shuffle forward right-left-right

3-4 **LADY:** Step forward on left; pivot $\frac{1}{4}$ right & touch right beside left

MAN: Step forward on left; pivot $\frac{1}{4}$ right & step on right (rejoin hands at waist)

5-8 **LADY:** Turn 1 & $\frac{1}{4}$ turn to right, stepping right, left, right, left

MAN: Grapevine left with $\frac{1}{4}$ turn left & touch right

STEP RIGHT-HITCH LEFT-STEP LEFT-TOUCH RIGHT; REPEAT

1-2 Heading toward your partner's left shoulder: step forward at 45 angle right on right; hitch left knee

3-4 At 45 angle back to left, step down on left; touch right

5-8 Repeat above 4 counts but head toward partners right shoulder

GRAPEVINE RIGHT WITH $\frac{1}{4}$ TURN LEFT

1-2 Step right to right side, step left behind right beginning $\frac{1}{4}$ left turn

3-4 Step on right as you finish $\frac{1}{4}$ left turn; step on left

"WANNA TALK ABOUT ME" HEEL TOUCHES & $\frac{1}{4}$ TURNS X 4

1-2 Touch right heel forward, turn $\frac{1}{4}$ right as you step on right (point right thumb at chest)

3-4 Touch left heel forward, turn $\frac{1}{4}$ left as you step on left (point left thumb at chest)

5-6 Touch right heel forward, turn $\frac{1}{4}$ right as you step on right (point right thumb at chest)

7-8 Touch left heel forward, turn $\frac{1}{4}$ left as you step on left (point left thumb at chest)

Man should now face LOD again & woman RLOD

SHUFFLE RIGHT; STEP-PIVOT $\frac{1}{4}$ RIGHT; FULL TURN (LADY) GRAPEVINE (MAN)

1&2 Shuffle forward right-left-right

3-4 **LADY:** Step forward on left; pivot $\frac{1}{4}$ right & touch right beside left

MAN: Step forward on left; pivot $\frac{1}{4}$ right & step on right (rejoin hands at waist)

5-8 **LADY:** Turn 1 & $\frac{1}{4}$ turn to right, stepping right, left, right, left

MAN: Grapevine left with $\frac{1}{4}$ turn left & touch right

The only part that is modified in Part A is where you do the two step-pivots instead of 4 shuffles & 2 step-slide, step scuff & pivot to RLOD.
