

Menagerie

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Jamie Marshall (USA)
音樂: No Boundaries - Jamiroquai



STOMP, SHUFFLE, STOMP, SHUFFLE, ½ PIVOT

1 Stomp right foot forward
2&3 Step left foot forward, step right foot next to left foot, step left foot forward
4 Stomp right foot forward
5&6 Step left foot forward, step right foot next to left foot, step left foot forward
7-8 Step right foot forward, pivot ½ turn left

BUMP, TOUCH STEPS

9-10 Touch right toe forward bumping hip to right, step down on right heel
11-12 Touch left toe forward bumping hip to left, step down on left heel
13-14 Touch right toe forward bumping hip to right, step down on right heel
15-16 Touch left toe forward bumping hip to left, step down on left heel

STEP RIGHT, HOLD, PIVOT ¼ LEFT, HOLD, ROLL UP, ¼ PADDLE TURN

17-18 Step right foot to right (use shift of shoulder or elbow for styling), hold
19-20 Pivot ¼ to left keeping weight on right, hold
21-22 Two-count body roll forward to place weight on left
&23 Hitch right knee, pivot 1/8 left pointing right toe to right
&24 Hitch right knee, pivot 1/8 left pointing right toe to right (total ¼ turn left)

SAILOR STEPS, ROGER RABBIT

25&26 Cross right behind left, step left foot to left, step right foot to right
27&28 Cross left behind right, step right foot to right, step left foot to left
29-30 Lock right foot behind as you hitch your left knee, lock left foot behind as you hitch your right knee
31-32 Lock right foot behind as you hitch your left knee, cross left foot behind right (to prepare for turns)

360 TURNS, VAUDEVILLES (HEEL JACKS)

33-34 Leaving left crossed behind right turn a full turn to the left (snap fingers forward as you complete the turn)
35-36 Leaving right crossed behind left turn a full turn to the right (snap fingers forward as you complete the turn.)

Weight ends on right

&37 Step left diagonally back, touch right heel to right side
&38 Step right to center, cross step left over right
&39 Step right diagonally back, touch left heel to left side
&40 Step left to center, touch right next to left

POINT, HOLD, SWEEP, SLIDE TO RIGHT, STOMP, STOMP WITH CLAPS

41-42 With sharp kick with pointed toe cross right over left, hold
43-44 Pivot ½ right sweeping right, touch right foot next to left completing ½ turn
45-46-47 Long step to right
&48 Clap and stomp left foot next to right foot twice, step left foot next to right foot with a clap

REPEAT

