MJ Smooth Criminal

拍數: 64

級數: Intermediate/Advanced

編舞者: Sobrielo Philip Gene (SG)

音樂: Smooth Criminal - Michael Jackson



Dedicated to my god brothers Gibson Teo and Genson Teo who inspired me to choreographed a dance to this song. As Michael Jackson was the reason why I started to like dancing

CROSS UNWIND FULL TURN LEFT, KICK STEP CROSS, SIDE ROCK CROSS, TOE TWICE, ¼ LEFT STEP

1-2 Cross right over left and make a full turn left (weight on left)

牆數: 4

- Kick right forward, step right slightly back of left and cross left over right 3&4
- Rock right to the right, rock back on left and cross right over left 5&6
- 7&8 Touch left toe slightly to the left twice, step left ¹/₄ turn left (weight on left)

SIDE ROCK CROSS RIGHT THAN LEFT, KICK STEP BACK, TRAVELING APPLEJACKS

- 9&10 Rock right to the right, rock back on left and cross right over left
- 11&12 Rock left to the left, rock back on right and cross left over right
- 13&14 Kick right foot forward, step back right behind left and step left beside right with both toes in
- 15&16& Toes out, in, out, in as you travel to the right (weight on left)
- 17-24 Repeat steps 9-16

SIDE ROCK, ¼ TURN LEFT STEP, LEFT SHUFFLE FORWARD, ½ TURN LEFT STEP, LEFT SHUFFLE FORWARD

- 25-26 Rock right to right, make a 1/4 turn to the left and step right forward 27&28 shuffle left forward starting left, right, left
- 29-30 Step right forward pivot 1/2 turn left, step right forward
- 31&32 Shuffle left forward starting left, right, left

TOE, TOE STEP TRAVELING RIGHT, LEFT, RIGHT, LEFT

- 33&34 Touch right toe diagonally forward right twice traveling forward, step down on right (weight on right)
- 35&36 Touch left toe diagonally forward left twice traveling forward, step down on left (weight on left)
- 37&38 Repeat steps 33&34
- 39&40 Repeat steps 35&36

KICK STEP BACK TOUCH RIGHT, LEFT, RIGHT, LEFT

- Kick right forward step right behind left and touch left beside right 43&44 kick left forward step 41&42 left behind right and touch right beside left
- 45&46 Repeat steps 41&42
- Repeat steps 43&44 47&48

WALK RIGHT LEFT, MOON WALKS BACK TWICE

- 49-50 Walk right than left (weight on left)
- 51-52 Raised right heel, drop right heel as you slide your un-weighted left toe beside right heel, drop left heel as you slide right toe beside left heel(weight on left)
- 53-58 Repeat steps 49-52

BEHIND SIDE CROSS STOMP 5 2 DIAGONALLY FORWARD KICK, BEHIND ¼ TURN LEFT STEP RIGHT, STOMP KICK DIAGONALLY FORWARD

- 57&58 Step right behind left, step left beside right, cross right over left 59&60 stomp left foot twice and kick left diagonally forward
- 61&62 Step left behind right, make ¼ turn with right, step left step beside right
- 63-64 Stomp right beside left (weight still on left), kick right diagonally forward

REPEAT

OPTIONAL

When doing steps 25-32 (only on the shuffling) you can flick your right fingers as though flicking water off your hand after washing them .The way MJ does when he dances.