Monterey Waltz



拍數: 48 牆數: 2 級數: Intermediate

編舞者: Nancy McDavid (USA)

音樂: Mexican Wind - Jann Browne



FRONT BOX STEP

1-3 Step left to left side, step right next to left, step left forward

4-6 Step right to right side, step left next to right, step right backwards

BACK BOX STEP

7-9 Step left to left side, step right next to left, step left backwards 10-12 Step right to right side, step left next to right, step right forward

VINE LEFT WITH MODIFIED MONTEREY TURN

13-15 Step left to left side, step right behind left, step left to left side

16-18 Touch right toe to left instep, point right toe out to right side, turn half turn to right on left foot

replacing weight to right foot

VINE LEFT WITH MODIFIED MONTEREY TURN

19-21 Step left to left side, step right behind left, step left to left side

22-24 Touch right toe to left instep, point right toe out to right side, turn half turn to right on left foot

replacing weight to right foot

DIAGONAL BALANCE STEPS

25-27	Waltz towards 11:00:00 with left, right, left
28-30	Reverse and waltz home with a right, left, right
31-33	Waltz towards 1:00:00 with left, right, left
34-36	Reverse and waltz home with right, left right

BALANCE STEP WITH HALF TURN LEFT/BACK BALANCE STEP

Waltz forward with left, making ½ turn to the left, step right next to left, step left next to right

40-42 Drop back on the right, step left next to right, step right next to left

WALTZ FORWARD WITH FULL TURN TO THE LEFT/FORWARD ROCK STEP/STEP

43-45 Waltzing forward on left, right, left, making full turn to the left

46-48 Rock forward on right (to stop your forward momentum), rock back on left, step right next to

left

REPEAT