Mony Mony



拍數: 48 編數: 4 級數: Intermediate

編舞者: Unknown

音樂: Mony Mony - Tommy James & The Shondells



HEEL TAPS

1-4 Left heel forward, together, right heel forward, together5-8 Left heel forward, together, right heel forward, together

STEP TURNS

9-10 Step forward on left foot, ½ turn to right 11-12 Step forward on left foot, ½ turn to right

TWIST SEQUENCE TO RIGHT

| 13-14 | Cross left over right (twist), step right with right foot (untwist) |
|-------|---|
| 15-16 | Cross left over right (twist), step right with right foot (untwist) |
| 17-18 | Cross left over right (twist), step right with right foot (untwist) |

19-20 Kick left foot twice

21-22 Coaster step- step back left, step back together right, step forward left

TWIST SEQUENCE TO LEFT

| 23-24 | Cross right over left (twist), step left with left foot (untwist) |
|-------|---|
| 25-26 | Cross right over left (twist), step left with left foot (untwist) |
| 27-28 | Cross right over left (twist), step left with left foot (untwist) |

29-30 Kick right foot twice

31-32 Coaster step- step back right, step back together left, step forward right

KICKS & COASTERS

35-36 Coaster step- step back left, step back together right, step forward left

37-38 Kick right twice

39-40 Coaster step- step back right, step back together left, step forward right

SAILOR SHUFFLES

41-42 Cross left behind right, step right to right side, step left to left 43-44 Cross right behind left, step left to left side, step right to right

1/4 TURN

45-46 Step forward left, slide right to left

47-48 Step forward left with ¼ turn to left, stomp right by left

REPEAT