

Move Your Feet

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Arne Stakkestad (BEL)
音樂: Linedancers Move Your Feet - Rene Guylline



4 HEEL BOUNCES

- 1-4 Bounce right heel 4 times diagonally right forward (weight stays on left foot)
- 5-6 Right toe touch 2x crossed over left foot
- &7-8 Right foot step beside left foot and touch left toe 2x crossed over right foot

JUMP AND HIP BUMPS, VINE ¼ RIGHT AND TOUCH

- 9-12 Jump forward with left, right, bump hips left, right, left
- 13-14 Right foot step right, left foot step crossed behind right foot
- 15-16 ¼ turn right and step right foot forward, touch left toe beside right foot (snap fingers)

KICKS FORWARD AND SIDE, WEAVE AND HITCH

- 17-20 Kick left foot 2 x forward, kick left foot 2 x left side
- 21-22 Left foot step crossed behind right foot, right foot step right
- 23-24 Left foot step crossed over right foot, left foot jump and hitch right knee (clap hands)

STOMP AND HEEL BOUNCES ½ TURN LEFT, 2 X KICK STEP TOUCH

- 25-28 Right foot stomp forward, 3 heel bounces while turning ½ left (weight ends on left foot)
- 29&30 Right foot kick forward, right foot step beside left foot and touch left toe beside right foot
- 31&32 Left foot kick forward, left foot step beside right foot and touch right toe beside left foot

REPEAT

RESTART

On the 4th wall (12:00) and the 9th wall (9:00) dance till count 28 and then restart (after Rene sings: "Linedancers, move your feet")

ENDING

On the 11th wall dance until count 16 (CD version), replace count 15 by ½ turn right and step right foot forward, and end with touch left toe beside right foot (snap fingers)

"Cheyenne Woman" (partner dance) and "Move your Feet" (line dance) are written as a tribute to Rene Guylline 50 years on stage, and his new CD "Over the Hill", and as thanks to the many hours of dancing and listening to his music