Mr. Right



拍數: 0 牆數: 0 級數:

編舞者: The 7 Nighters

音樂: Mr. Right - Garth Brooks



Sequence: AAAA, TAG, BAC

The dance starts on the vocals "I can tell".

The 7 Nighters are Theresa Kearney, Tracy Cook & Jenny Hackett, UK

PART A

RIGHT OUT, RIGHT IN, RIGHT OUT, BEHIND SIDE TOGETHER

Touch right foot out to right side, touch right foot beside left, touch right out to right side

3&4 Step right behind left foot, step left foot to left, step right foot in front of left

LEFT OUT, LEFT IN, LEFT OUT, BEHIND SIDE TOGETHER

Touch left foot out to left side, touch left foot beside right, touch left out to left side

Step left behind right foot, step right foot to right, step left foot in front of right

ROCK FORWARD, ROCK BACK, LEFT LOCK STEP, RIGHT LOCK STEP, RIGHT COASTER STEP

9-10	Rock forward on to right foot, rock back on to left foot
11&12	Step back on to right foot, lock left foot in front of right foot, step back on to right foot
13&14	Step back on to left foot, lock right foot in front of left foot, step back on to left foot
15&16	Step right foot back, step left foot beside right step right foot forward

LEFT ROCK RIGHT ROCK CROSS, RIGHT ROCK LEFT ROCK CROSS, STEP RIGHT, STEP LEFT COASTER STEP

17&18	Rock left foot to left side, rock back on to right foot, cross left foot in front of right foot
19&20	Rock right foot to right side, rock back on to left foot, cross right foot in front of left
21-22	Step left foot to left side, step right foot over left
23&24	Step back on to left foot, step right foot beside left, step left foot forward

1/4 TURN TO LEFT, RIGHT COASTER STEP, 1/4 TURN LEFT, LEFT COASTER STEP

25-26	Step on to right foot pivot $\frac{1}{4}$ turn left, step back on to left foot
27&28	Step right foot back, step back on to left foot, step forward on to right foot
29-30	Step on to left foot pivot ¼ turn left, step back on to right foot
31&32	Step back on to left foot, step right foot beside left foot, step forward on left foot

PART B

RIGHT SAILOR STEP, LEFT SAILOR STEP, RIGHT BACK, LEFT BACK, RIGHT COASTER STEP

1&2	Step right foot back behind left foot, step left foot beside right foot step right foot forward
3&4	Step left foot behind right foot, step right foot beside left, step forward on to right foot
5	Slide right foot back popping right knee (transferring weight on to right foot)
6	Slide left foot back popping left knee(transferring weight on to left foot)
7&8	Step back on to right foot, step left foot next to right, step forward on to right foot

11/4 TURNS, ROCK FORWARD ON LEFT, ROCK BACK ON RIGHT, LEFT COASTER STEP

1/4 TORRIO, ROOK FORWARD ON ELL I, ROOK DAOK ON RIGHT, ELL I COACTER OTER		
9-10	Step forward on to left foot making a ¼ turn left over left shoulder stepping on to right foot	
11	Pivot on right foot making a ½ turn over left shoulder	
12	Pivot on left foot making ½ turn over left shoulder	
13-14	Rock forward on to left foot, rock back on to right foot	
15&16	Step back on to left foot, step right foot next to left foot, step forward onto left foot	

PART C

RIGHT STRUT FORWARD, LEFT STRUT FORWARD, HOLD FOR 1 BEAT, JUMP BACK RIGHT LEFT

1-2 Step forward on the ball of the right foot, bring heel down on floor and take weight on it

3-4 Step forward on ball of left foot, bring heel down, on floor and take weight on it

5&6 Hold, jump back stepping onto right then left foot

TAG

This dance has a 6 count tag which comes in when section A has been completed 4 times. Hold with attitude. Section B starts on the word "You".