

# My Father And Me (P)

**COPPER KNOB**  
STEPPERS

拍數: 64      牆數: 0      級數: Partner  
編舞者: Hazel Pace (UK)  
音樂: Seein' My Father In Me - Paul Overstreet



**Position: Right Side by Side. Same step pattern for both**  
**Adapted by Allan & Patricia Mitchell from Hazel's line dance**

## **ROCK, RECOVER, ½ TURN, HOLD, CROSS, SIDE, BEHIND, HOLD**

1-2      Rock forward on right, rock back on left  
3-4      ½ turn right on ball of left foot stepping forward right, hold

### **Now facing RLOD in Left Side By Side**

5-6      Cross left over right, step right to right side  
7-8      Cross left behind right, hold

## **SWEEP BEHIND, SIDE, CROSS, HOLD, ROCK, RECOVER, ¼ TURN, HOLD**

1-2      Sweep right foot behind left, step left to side  
3-4      Cross right over left, hold  
5-6      Rock forward on left, rock back on right  
7-8      Step left to side making quarter turn left, hold

### **Now facing OLOD man behind lady**

## **CROSS, SIDE, BEHIND, ¼ TURN, ¼ TURN ROCK, RECOVER, SIDE, HOLD**

1-2      Cross right over left, step left to side  
3-5      Cross right behind left, step left ¼ turn left, step right ¼ turn left

### **Release left hands, right arm over lady's head. Now facing ILOD**

6      Rock back onto left

### **Take up left hands at waist level, lady behind man**

7-8      Step right to right side, hold

## **BEHIND, SIDE, CROSS, SIDE, BEHIND, SIDE, CROSS, HITCH ¼ TURN RIGHT**

1-2      Step left behind right, step right to side  
3-4      Cross left over right, step right to side  
5-8      Step left behind right, step right to side, cross left over right, on ball of left foot ¼ turn right  
         hitching right knee

### **Now facing LOD in Right Side By Side**

## **ROCK, RECOVER, BACK, TOGETHER, WALK, HOLD, WALK, HOLD**

1-2      Rock forward on right, rock back on left, (small steps)  
3-4      Step back on right, step left next to right  
5-6      Step forward right, hold  
7-8      Step forward left, hold  
9-16      Repeat counts 33-40

## **ROCK, RECOVER, BACK, CROSS, BACK, CROSS, BACK, KICK**

1-2      Rock forward on right, rock back on left  
3-4      Step back on right, cross left over right  
5-6      Step back on right, cross left over right  
7-8      Step back on right, kick left forward

## **ROCK, RECOVER, ¼ TURN RIGHT, HOLD, ROCK, RECOVER, ¼ TURN LEFT**

1-2      Rock back on left, rock forward on right

3-4 On ball of right make ¼ turn right stepping left to side, hold

**Facing OLOD**

5-6 Rock right behind left, rock forward on left

7-8 Step forward right. On ball of right make ¼ turn left stepping forward

**Facing LOD**

**REPEAT**

**TAG**

**If dancing to "Seeing My Father In Me" by Paul Overstreet, add the tag after the 2nd sequence only**

1-4 Rock forward on right, rock back on left, half turn right on ball of left foot stepping forward right, hold

5-8 Rock forward on left, rock back on right, half turn left on ball of right foot stepping forward left, hold

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