My Heart's Unbroken



拍數: 64 牆數: 4 級數: Improver

編舞者: Lu Olsen (AUS)

音樂: Unbroken - Tim McGraw



RIGHT LOCK FORWARD, 1/4 TURN, FORWARD, RIGHT LOCK FORWARD, 1/4 TURN, TRAVELING TO FORWARD RIGHT DIAGONAL

1-2-3-4- Right forward at diagonal, lock left behind right, right forward at diagonal, ¼ left pivot and left

forward

5-6-7-8 Right forward at diagonal, lock left behind right, right forward at diagonal, ¼ left pivot and left

forward

RIGHT TO RIGHT, CROSS SHUFFLE, LEFT SIDE SHUFFLE, ROCK BACK, IN PLACE

1-2-3&4 Rock right to right, replace on weight on left, cross right over left, left to left, cross right over

left

5&6-7-8 Side shuffle left (left-right-left), rock right back, replace weight on left

RIGHT TOE RIGHT, CROSS, LEFT TOE LEFT, CROSS, SIDE, CROSS, ROCK BACK, LEFT BESIDE RIGHT

1-2-3-4 Point right toe out to right, cross right over left, point left toe out to left, cross left over right

5-6-7-8 Right to right, cross left over right, rock right back, left beside right

RIGHT SHUFFLE FORWARD, ½ TURN, LEFT SHUFFLE FORWARD, ¼ TURN

1&2-3-4 Shuffle forward right-left-right, left forward, ½ right pivot turn and right forward

5&6-7-8 Shuffle forward left-right-left, right forward, ¼ left pivot weight on left foot

RIGHT-LEFT FORWARD, RIGHT KICK BALL CHANGE, RIGHT FORWARD, LEFT KICK BALL CHANGE, FORWARD

1-2-3&4 Walk forward right-left, kick right forward, right in place, left forward,

5-6&7-8 Walk forward right, kick left forward, left in place, right forward, left forward

ROCK FORWARD, BACK, MOVING BACK - RIGHT SAILOR, LEFT SAILOR, ROCK BACK, FORWARD

1-2-3&4 Rock right forward, rock left back, right sailor (moving backwards)

5&6-7-8 Left sailor (moving backwards), rock right back, rock left forward

FORWARD, BOUNCE HEELS 1/4 TWICE, ROCK BACK, STEP FORWARD RIGHT-LEFT, RIGHT KICK BALL CHANGE

1-2-3-4 Right forward, bounce both heels ¼ left, bounce a further ¼ left, rock left back

5-6-7&8 Right forward, left forward, right kick forward, right in place, left forward

1/4 RIGHT TURN RIGHT HEEL GRIND, ROCK BACK, IN PLACE, (REPEAT)

Left foot pivots in same direction as heel grind

1-2-3-4 Right heel forward & grind heel ¼ right turn, weight on left, (3) rock right back, left in place 5-6-7-8 Right heel forward & grind heel ¼ right turn, weight on left, (3) rock right back, left in place

REPEAT

TAG

At end of 2nd wall (this tag will occur facing the back wall)

1-2-3-4 Rock right forward, rock left in place, rock right back, rock left in place

LAST WALL

Dance to count 32 and change the last turn from 1/4 to 1/2 left pivot turn then step together on count 33 to finish