

Nada Mambo (Not A Mambo)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Max Perry (USA)
音樂: Mambo Mambo - Lou Bega



2 SIDE TOGETHERS LEFT

1-4 Step left to left side, step right next to left, step left to left side, step right next to left

ROCK STEP CHA-CHA-CHA, ROCK STEP CHA-CHA-CHA

5-6 Rock left forward, step right in place

7&8 Left shuffle in place (left, right, left)

1-2 Rock right back, step left in place

3&4 Right shuffle in place (right, left, right)

STEP FORWARD, SIDE TURNING ¼ LEFT, SLIDE TOGETHER, FLAMENCO POSE

If you read ballroom, this is a tango close with an arm pose at the end

5-6 Step left forward starting to turn ¼ left, step right to right side completing turn

7 Touch left next to right

8 Flamenco Pose - on count 8, raise right arm straight up turning elbow out, with the palm of your hand facing down over the top of your head, with the left arm at chest level, elbow turned out, with left palm facing you. Picture a flamenco dancer holding the castanets or picture a tacky paint on velvet picture of a matador!

ROLLING 360 LEFT, TOUCH, ROLLING 360 RIGHT, TOUCH

1 Turn ¼ left as you step left forward (to the side) turn an additional ½ left

2-4 Step right back turning ¼ left, step left to left side, touch right next to left

5-8 Repeat full turn traveling to the right, touch together

For both of the full turns you may substitute plain grapevines left & right

ROCK TURN TURNING ¼ LEFT, SIDE, TOGETHER

1-2 Rock left forward, shift weight back onto right foot as you start to turn ¼ left

3-4 Step left to left side (completing turn if necessary), step right next to left

LEFT SHUFFLE FORWARD, STEP FORWARD, HOLD, CLAP, CLAP

5&6 Left shuffle forward (left, right, left)

7 Step right forward

&8 Clap, clap

REPEAT

This song is a wonderful Merengue even though it is called Mambo, Mambo. What do these musicians know? Another good example of a Merengue is the song "Hot Hot Hot" just in case you were wondering.