Navajo Rug



拍數: 32 編數: 4 級數: Intermediate

編舞者: Mike Derrik (UK)

音樂: Navajo Rug - Ian Tyson



RIGHT LOCK STEPS FORWARD, LEFT LOCK STEPS FORWARD

1-4 Step forward right, lock left behind right, step forward right, hold
5-8 Step forward left, lock right behind left, step forward left, hold

Step back left making ½ turn to the right, hold

ROCK FORWARD/BACK, HALF TURN TO THE RIGHT FORWARD RIGHT HOLD, HALF TURN TO THE RIGHT BACK, HOLD LEFT, STEP BACK RIGHT/LEFT

9-10	Rock forward right, recover weight on left
11-12	Step forward right making ½ turn to the right, hold

15-16 Step back right then left

STEP RIGHT TO SIDE, LEFT BEHIND, ¼ TURN RIGHT, HOLD, PIVOT ½ TO THE RIGHT, FORWARD LEFT, HOLD

17-20 Step right to side, step left behind right, ¼ turn right, hold

21-24 Step forward left, ½ pivot to the right (weight on right) step forward left, hold

RIGHT LOCK STEP FORWARD, HOLD, ROCK RECOVER HALF TURN TO THE LEFT, FORWARD LEFT, HOLD

25-28	Step forward right,	lock left behind rid	aht, step forward	d riaht, hold
			g, otop	

29-30 Rock forward left, recover on right

31-32 Step forward left making ½ turn to the left, hold

REPEAT

13-14

At the end of the 2nd wall (facing 6:00) there is a four count hold. Stomp forward on right and hold for four counts (bend head forward and touch brim of hat) then start the dance again. There are 2 restarts in the dance. On the 6th wall (facing 3:00) and on the 9th wall (facing 12:00) after 16 counts of the dance there is another four count hold: then start the dance again.