NCP Blue

拍數: 32

級數: Intermediate

編舞者: John "Grrowler" Rowell (UK)

音樂: Love That Woman - The Kentucky Headhunters

JAZZ BOX CROSS, OUT-IN-OUT, BEHIND - SIDE - IN FRONT

- 1-2 Cross right over left, step back left
- 3-4 Step right to right, cross left over right
- 5&6 Touch right to right side, touch right in place, touch right to right side
- 7&8 Step right behind left, step left to left, cross right in front of left

FULL TURN PUSH TURN, KICK - BALL - BACK, TWO SYNCOPATED SCOOTS BACK, STEP

- &9 Hitch left, touch left to left while making quarter turn right on ball of right
- &10 Hitch left, touch left to left while making quarter turn right on ball of right
- &11 Hitch left, touch left to left while making quarter turn right on ball of right
- &12 Hitch left, touch left to left while making quarter turn right on ball of right

Right foot stays in place throughout turn

- 13&14 Kick left forward, step left in place, touch right toe back.
- 15&16 Small scoot back on left, small scoot back on left, step right forward
- Foot should stay in contact with floor while scooting and right knee hitched

Alternate steps for 15&16, tap right next to left, tap right next to left, step right forward

STEP - STOMP, THREE SYNCOPATED JUMPS, QUARTER SAILOR TURN, STEP - TOUCH

- 17-18 Step left forward, stomp right next to right
- 19&20 Small jump both feet right, small jump both feet right, small jump both feet right

Point heels slightly right while jumping

21&22Step right behind left making quarter turn right, step left in place, step right in place23-24Step forward left, touch right toe behind left

Alternate steps for 19&20, touch right to right, touch right in place, touch right to right

ROCK - RECOVER, RIGHT SHUFFLE, STEP - TURN, LEFT SHUFFLE

- 25-26 Rock back on right, recover weight to left. (lift left heel while rocking back.)
- 27&28 Step right forward, close left to right, step right forward
- 29-30 Step left forward, pivot half turn right
- 31&32 Step left forward, close right to left, step left forward

REPEAT





牆數:4