

# Nervous And Scared

拍數: 32      牆數: 4      級數: Improver  
編舞者: John Bishop (AUS) & Karen Wilkinson (AUS)  
音樂: The Last Dance - Ty England



## SHUFFLE FORWARD, QUARTER PIVOT, SHUFFLE ACROSS, TURN, TURN

1&2      Shuffle forward right, left, right  
3-4      Step left forward, pivot  $\frac{1}{4}$  to the right  
5&6      Cross shuffle left, right, left to right  
7-8      Step right back turning  $\frac{1}{4}$  to the left, step left to side turning  $\frac{1}{4}$  to the left

## REPEAT SECTION 1

1&2      Shuffle forward right, left, right  
3-4      Step left forward, pivot  $\frac{1}{4}$  to the right  
5&6      Cross shuffle left, right, left to right  
7-8      Step right back turning  $\frac{1}{4}$  to the left, step left to side turning  $\frac{1}{4}$  to the left

## STEP, HOLD, AND-STEP, HOLD, AND-ROCK, ROCK, QUARTER TURN, SHUFFLE SIDE

1-2&3-4      Step right forward, hold, step left together, step right forward, hold  
&5-6      Step left together, rock/step right forward, rock back onto left  
&      Turn  $\frac{1}{4}$  to the right on ball of left  
7&8      Shuffle right, left, right sideways to right

## TOE HEEL STRUTS: ACROSS, TURN QUARTER, TURN QUARTER, QUICK STEP TOGETHER, TOE-HEEL STRUT TO LEFT SIDE

1      Cross/step ball of left across in front of right  
2      Drop left heel to floor (option: click fingers)  
3      Step ball of right back turning  $\frac{1}{4}$  To the left  
4      Drop right heel to floor (option: click fingers)  
5      Step ball of left to side turning  $\frac{1}{4}$  To the left  
6      Drop left heel to floor (option: click fingers)  
&      Step right together  
7-8      Step left to side, scuff right forward

## REPEAT

## FINISH

When the music ends do the last step/scuff to the front and then step down on the right foot for the last beat of music.