Never Alone (In A Circle Of Friends) (P)



牆數: 0 拍數: 32 級數: Partner 編舞者: Walt Woolbright (USA) & Linda Woolbright (USA)

音樂: You're Never Alone - Dave Sheriff



Position: Sweetheart Position

STEP, ROCK, STEP, ½ TURN SHUFFLE, ROCK, RECOVER, CROSSING SHUFFLE

Step left foot forward on left diagonal 2 Cross rock right foot over left foot

3 Recover back onto left foot (starting ½ turn)

4&5 Finish ½ turn to the right and shuffle in place stepping right-left-right

Man is now behind foot lady in Indian position

Rock to the side on left 6 7 Recover back onto right foot

8&1 Cross left foot over right foot, step right foot to right side, cross left foot over right foot

1/4 TURN TWICE, CROSSING SHUFFLE, 1/4 TURN ROCK, STEP, COASTER STEP

Turning 1/4 turn to the left step right foot back

Man drop left hands, lady turns under right hands, rejoin hands at mans waist in Reverse Indian position)

Turning ¼ turn to the left step left foot to left side 3

4&5 Cross right foot over left foot, step left foot to left side, cross right foot over left foot

Turn 1/4 turn to the left and rock forward onto left foot 6

Man drop right hands, lady turns under left hands, rejoin hands in Reverse Sweetheart position)

Recover back onto right foot

Step left foot back, step right foot next to left, step forward on left foot 8&1

LADY'S 1/2 TURN, SHUFFLE IN PLACE, MAN'S 1/2 TURN SHUFFLE IN PLACE MAN'S STEPS

Step right foot in place

Turn lady under your right hand

Step left foot in place

Your right hand crosses in front of lady's waist & your left hands are connected behind you at your left hip

Shuffle in place stepping right-left-right

Man turn under your right hand

6 Step forward on left foot

7 Pivot ½ turn to the right on left foot and shift weight to right foot

8&1 Shuffle in place stepping left-right-left

LADY'S 1/2 TURN, SHUFFLE IN PLACE, MAN'S 1/2 TURN SHUFFLE IN PLACE LADY'S STEPS

2 Step forward on right foot starting ½ turn to the right 3 Step back on left foot finishing turn to the right

4&5 Shuffle in place stepping right-left-right

Man turn under your right hand

Step left foot in place 6 7 Step right foot in place

8&1 Shuffle in place stepping left-right-left

1/4 TURN SIDE, BEHIND, 1/4 TURN SHUFFLE, 1/4 TURN SIDE, BEHIND, 1/4 TURN SHUFFLE

2 Step forward on right foot turning 1/4 turn to the left 3 Cross step left foot behind right foot (drop left hands) Shuffle forward stepping right-left-right turning ¼ turn to the right Rejoin hands at lady's shoulders, man is behind lady in Indian position

6 Step forward on left foot turning ¼ turn to the right

7 Cross step right foot behind left foot (now in Sweetheart position)

8 Step forward on left foot turning ¼ turn to the left

& Step right foot next to left foot

REPEAT