

New Orleans Rock

COPPER KNOB
STEPPERS

拍數: 90 牆數: 0 級數:
編舞者: Janet C. Williams
音樂: New Orleans - Hank Williams Jr.



- 1-4 Right heel out and back 2 times
- 5-8 Left heel out and back 2 times (when bringing left foot back, just touch it- no weight).
- 9-10 Step forward on left foot, kick right foot out to front
- 11-12 Step back on right foot, touch left foot back
- 13-14 Step forward on left foot, kick right foot out to front
- 15-16 Step back on right foot, touch left foot back

- 17-18 Step forward on left foot and pivot right foot
- 19-21 Grapevine to the left
- 22 Feet together
- 23-26 Right foot out to right side and back 2 times
- 27-28 Right foot to back and to home
- 29-30 Right foot to right and home

- 31-34 Left foot out to left side and back 2 times
- 35-36 Left foot to back and to home
- 37-42 Left foot to left side and home, two heel splits
- 43-46 Right foot forward and do 4 hip swings to right- shoulders forward
- 47-50 Balance on right heel and do 4 hip swings to the back- pelvic rock
- 51-58 Repeat steps 43 to 50

- 59-62 Take 4 swivel side steps to left
- 63-66 Right heel out and back 2 times
- 67-70 Grapevine to right, ending with left knee raised
- 71-74 Grapevine back to left, feet together
- 75-78 Two heel splits

- 79-80 Left heel to front, left foot hook in front of right leg
- 81-82 Left heel to front and back to home
- 83-84 Right heel to front, right foot hook in front of left leg
- 85-86 Right heel to front and back to home
- 87-90 Right foot out to front and back 2 times.

REPEAT
