

Nine Minutes

COPPER KNOB
STEPPED

拍數: 32 牆數: 4 級數: Improver
編舞者: Craig 'n Karen (SCO)
音樂: Another Nine Minutes - Yankee Grey



ROCK, CROSS, ROCK BEHIND, UNWIND $\frac{3}{4}$, STEP

1-2 Rock right to right side, recover on left
3-4 Step right over left, rock left to left side
5-6 Recover on right, step left behind right
7-8 Unwind $\frac{3}{4}$ turn left, step forward right

HEEL SWITCHES LEFT-RIGHT-LEFT, HOOK, SHUFFLE, FULL TURN RIGHT

9&10 Step left heel forward, step left foot in place, step right heel forward
11&12 Step right foot in place, step left heel forward, hook left in front of right
13&14 Shuffle forward on left-right-left
15-16 Step right back turning $\frac{1}{2}$ turn right, step left forward turning $\frac{1}{2}$ turn right

ROCK, RIGHT SHUFFLE, LEFT SHUFFLE, TOE STRUTT, $\frac{1}{4}$ TURN TOE STRUTT

17-18 Rock back onto right, recover on left
19&20 Shuffle forward right-left-right
21&22 Shuffle forward left-right-left
23-24 Right toe strut, left toe strut turning $\frac{1}{4}$ turn left

RIGHT SAILOR, LEFT SAILOR TURN, KICK BALL CHANGE, STEP RIGHT, $\frac{1}{2}$ TURN LEFT

25&26 Step right foot back, step left foot to left side, step right foot to right side
27&28 Step left foot behind right turn $\frac{1}{4}$ turn left, step left, right to right side, step left to left side
29&30 Kick right foot forward, step right in place, step left foot forward
31-32 Step right foot forward, pivot $\frac{1}{2}$ turn left

REPEAT
