Nite Feelings (P)

級數: Partner

拍數: 32

編舞者: Terry French & Caroline French

音樂: In This Life - Collin Raye



Position: Closed Western position. Man facing OLOD, Lady facing ILOD. Man's steps listed, lady on opposite footwork unless otherwise stated

SIDE, BACK ROCK, SIDE, BEHIND, SIDE, CROSS, SIDE SHUFFLE, SWAY RIGHT

Step right to right side 1 2&3 Rock step left behind right, recover onto right, step left to left side 4&5 Cross step right behind left, step left to left side, cross step right over left Step left to left side, step right beside left, step left to left side 6&7

牆數: 0

8 Sway onto right

SWAY LEFT, BACK ROCK, ¼ TURN LEFT, COASTER STEP, ½ TURN, ½ TURN, STEP, STEP

- 1 Sway onto left
- 2&3 Rock step right behind left, recover onto left, turn 1/4 turn left stepping back on right (fold)

On count 3 release man's left/lady's right hands and open out leaving man's right/lady's left hands behind respective shoulders

4&5 Step back on left, step right beside left, step forward on left

Release hands

6&7 Turning ¹/₂ turn left-step back on right, turning ¹/₂ turn left-step forward on left, step forward on right

Join inside hands

Step forward on left 8

STEP, STEP, LOCK, STEP, STEP, LOCK, STEP, ROCK, RECOVER, ½ TURN, ¼ TURN

- 1 Step forward on right
- 2&3 Step forward on left, lock right behind left, step forward on left
- 4&5 Step forward on right, lock left behind right, step forward on right
- 6&7 Rock forward on left, recover onto right, turning ¹/₂ turn left-step forward on left (RLOD)

On '&' count release hands, then join inside hands on count '7'

- Turning ¹/₄ turn left-step right to right side (OLOD) 8
- On count '8' return to closed western position

SWAY, BEHIND, SIDE, CROSS, SIDE SHUFFLE, SIDE, ROCK, CROSS, SIDE

- 1 Sway onto left
- 2&3 Cross right behind left, step left to left side, cross right in front of left
- 4&5 Step left to left side, step right beside left, step left to left side
- 6&7 Rock right to right side, recover onto left, cross right in front of left
- 8 Step left to left side

REPEAT