No Heart So Strong



拍數: 32 牆數: 4 級數: Improver

編舞者: Monica Liners & A Liners

音樂: There's No Heart So Strong - Joni Harms



RIGHT, SYNCOPATED WEAVE, LEFT, SYNCOPATED WEAVE

1 Rock right to right side

2&3 Cross left behind right, step right to right side, cross left in front of right

4-5 Step right to right, rock left to left side

6&7 Cross right behind left, step left to left side, cross right in front of left

8 Step left to left

STEP RIGHT, FORWARD SHUFFLE, STEP LEFT, BACKWARD SHUFFLE

1-2 Step right to right, step left beside right

3&4 Shuffle forward, right, left, right
5-6 Step left to left, step right beside left
7&8 Shuffle backward, left, right, left

RIGHT BACK, RECOVER, FORWARD SHUFFLE, LEFT FORWARD, RECOVER WITH 1/4 TURN LEFT, LEFT CHASSE

1-2 Rock right back, recover on left 3&4 Shuffle forward, right, left, right

5-6 Rock left forward, recover on right with ¼ turn left

7&8 Step left to left side, step right beside left, step left to left side

FORWARD SKATE, BACKWARD SKATE, FORWARD SKATE, BACKWARD SKATE GRACEFULLY IN "C" LIKE DIRECTION

1-2 Skate right forward, skate left forward
3-4 Skate right back, skate left back
5-6 Skate right forward, skate left forward
7-8 Skate right back, skate left back

REPEAT

RESTART

At wall 7 do up to count 24 (left chasse facing 3:00), restart from beginning when voice resumes immediately after instrumental section