

No Matter What

COPPER KNOB
STEPSHEETS

拍數: 64
編舞者: Sheila Vee (UK)
音樂: No Matter What - Boyzone

牆數: 2

級數: Intermediate/Advanced



This track is 4:29 long. At 3:37 the music slows down for 10 seconds. Do the same steps just slow then down, then back to normal speed.

SIDE ROCKS ¼ TURN, SIDE ROCK ¼ TURN

- 1 Step right foot out to right side, rocking on to right hip
- 2-3 Rock on to left hip, rock back on to right hip
- 4 Make a ¼ turn left on left foot, while hitching right knee
- 5 Step right foot out to right side, rocking on to right hip
- 6-7 Rock on to left hip, rock on to right hip
- 8 Make a ¼ turn right with left foot, while hitching right knee (end back facing home wall)

- 1 Step right foot out to right side, rocking on to right hip
- 2-3 Rock onto left hip, rock back on to right hip
- 4 Make a ¼ turn right on left foot, while hitching right knee
- 5 Step right foot out to right side, rocking on to right hip
- 6-7 Rock on to left hip, rock on to right hip
- 8 Make a ¼ turn left with left foot, while hitching right knee (end back facing home wall) (16 beats)

STEP RIGHT, LEFT BEHIND RIGHT SIDE, CROSS RIGHT IN FRONT LEFT SIDE, CROSS LEFT BEHIND, UNWIND A FULL TURN

- 1-2 Step right foot to right side, cross left foot behind right
- 3-4 Touch right toe out to right side, cross right in front of left
- 5-6 Touch left toe out to left side, cross left behind right
- 7-8 Unwind a full turn to face home wall (legs will end up crossed) (24 beats)

RIGHT SIDE CHASSE FULL TURN, ½ TURN INTO LEFT SIDE CHASSE

- 1&2 Step right to right side, close left to right, step right to right side making ¼ turn right
- 3 Step forward on left making ¼ turn to right (completing ½ turn right)
- 4 Step right foot behind making ½ turn right (facing home wall)
- 5&6 Pivot ½ turn on right foot to right into left side chasse
- 7-8 Rock on to right foot then left (32 beats)

- 1-8 Repeat the last 8 counts (you are coming back across the room, you will end up facing home wall) (40 beats)

KICK BALL BACK, BEND ½ TURN, STOMP, HIP, HOLD, HIPS RIGHT & LEFT

- 1&2 Kick right foot forward, step down on ball of right foot, step back with left
- 3-4 Bend knees, ½ turn over left shoulder
- 5-6 Stomp right foot diagonally forward, push left hip back
- 7 Hold
- &8 Push hip forward right, then back left (48 beats)

RIGHT SHUFFLE, STOMP, HOP, STEP BACK, ROCK BACK/FORWARD, STEP FORWARD, SWIVEL HEELS

- 1&2 Right shuffle diagonally forward

- 3 Stomp left foot in front of right (keeping weight on right) cross wrists over, bending body forward
- & Hop back on right releasing wrists, while hitching left knee
- 4 Step back on left
- 5-6 Rock back on to right, forward on to left
- 7 Step forward with right foot
- &8 Swivel both heels to the right then back to center (54 beats)

STOMP, PIGEON TOES, HEELS, TOES, HEELS, CROSS BEHIND HOLD, SIDE, BEHIND SIDE

- 1 Stomp right beside left
- 2 Turn both toes in
- 3&4 Turn both heels to center, both toes, both heels moving to the left (while executing above steps turn both hands full circle, to the right)
- 5 Step right foot behind left (hold both hands out at hip height on left side)
- 6 Hold
- 7&8 Step left to left side, right foot small step behind left, step left foot to left side

REPEAT
