

No More Tears

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Ros Brander-Stephenson (UK)
音樂: I've Cried My Last Tear for You - Ricky Van Shelton



RIGHT VINE WITH ½ TURN RIGHT, STEP TOUCH TO RIGHT AND LEFT

- 1-4 Step right to right, step left behind right, make ½ turn right while stepping to right, touch left beside right
5-8 Step left to left, touch right next to left, step right to right while making ½ turn right (back to front wall)

LEFT VINE WITH ½ TURN LEFT, STEP TOUCH RIGHT AND LEFT

- 9-12 Step left to left, step right behind left, step to left making ½ turn left, touch right beside left
13-16 Step right to right, touch left next to right, step left to left, touch right next to left

SYNCOPATED HEELS WITH CLAPS TO RIGHT AND LEFT

- 17&18 Touch right heel forward, step right in place, touch left heel forward
&19 Step left in place, touch right forward and hold
&20 Clap hands twice
&21&22 Step right in place, touch left heel forward, step left in place, touch right heel forward
&23 Step left in place, touch right forward and hold
&24 Clap hands twice

RIGHT STEP LOCK WITH HITCH ½ TURN, LEFT STEP LOCK WITH HITCH ¼ TURN

- 25-28 Step forward on right, slide left behind right, step forward on right, make ½ turn right on ball of foot while hitching left
29-32 Step forward on left, slide right behind left, step forward on left making ¼ turn left, while hitching right

RIGHT AND LEFT FANS

- 33-36 Stamp right foot forward, fan right toe out, in, out
37-40 Stamp left foot forward, fan left toe, out, in, out

2 STRUTS TO RIGHT AND 2 STRUTS TO LEFT

- 41-44 Step right to right stepping toe then heel, step left to right stepping toe then heel
45-48 Step right to left stepping toe then heel, step left to left stepping toe then heel

RIGHT FIGURE OF 8 VINE

- 49-52 Step right to right, step left behind right, step right to right while making ¾ turn right on ball of foot, touch left beside right
53-56 Making ¼ turn left step left to left, step right behind left make ¼ turn left, step left to left, touch right beside left

RIGHT STEP LOCK WITH HITCH ½ TURN, LEFT STEP LOCK WITH HITCH ¼ TURN

- 57-60 Step forward on right, slide left behind right, step forward on right while making ½ turn right on ball of foot, hitch left
61-64 Step forward on left, slide right behind left, step forward on left while making ¼ turn left, hitch right

REPEAT