# No More Tears

拍數: 32

級數: Intermediate

編舞者: John Robinson (USA)

音樂: Teardrops, Teardrops - Danni Leigh

牆數:4

### Sequence: The phrasing of the song is 36/36/32/32 throughout

## RIGHT HITCH, TOUCH, KICK, TOUCH, HEEL SWIVEL ½ TURN RIGHT, SWIVEL HOME, RIGHT KICK, TOUCH

- 1-2 Right hitch raising knee, right touch next to left
- 3-4 Right small kick forward, right touch next to left
- 5-6 With weight on balls of feet, swivel heels left turning body ¼ right, swivel heels home turning body to face original wall/place weight on left
- 7-8 Right small kick forward, right touch next to left

### HEEL SWIVEL ¼ TURN RIGHT, SWIVEL HOME, RIGHT KICK, STEP HOME, VINE LEFT WITH ¼ TURN LEFT, RIGHT TOUCH

- 1-2 With weight on balls of feet, swivel heels left turning body ¼ right, swivel heels home turning body to face original wall/place weight on left
- 3-4 Right small kick forward, right step next to left
- 5-6 Left step side left, right step across behind left
- 7-8 Left step ¼ turn left, right touch next to left

### RIGHT STEP BACK, LEFT SLIDE, LEFT STEP ½ TURN LEFT, RIGHT BRUSH, RIGHT CROSS ROCK, RECOVER, RIGHT SIDE STEP TURNING ¼ RIGHT, LEFT TOUCH

- 1-2 Step right back, left slide back next to right (keep weight on right)
- 3-4 Left step into ½ turn left, right brush ball of foot next to left
- 5-6 Right rock ball of foot across left, left step in place
- 7-8 Right step ¼ turn right, left touch next to right

### LEFT STEP FORWARD, RIGHT LOCK, LEFT STEP, RIGHT TOUCH, RIGHT ANGLED STEP BACK, LEFT CROSSOVER LOCK, RIGHT ANGLED STEP BACK, LEFT STOMP

- 1-2 Step left forward, right lock step behind left
- 3-4 Step left forward, right touch next to left
- 5-6 Right step back at 45 degrees angle right, left lock step across right
- 7-8 Right step back at 45 degrees angle right, left stomp next to right with weight

### REPEAT

### TAG

### HEEL/TOE SWIVELS

### Make a slow ¼ turn left as you do these heel/toe swivels

- 1-2 Swivel heels left starting ¼ turn left, swivel toes left continuing turn
- 3-4 Swivel heels left continuing turn, swivel toes left finishing turn

Drop these 4 counts on every chorus. To match the song's phrasing, do the 36-count dance twice, then drop the tag for the next two repetitions (two walls of 32 counts each); keep doing this pattern throughout the song



