

No Other Baby

拍數: 48 牆數: 4 級數: Improver
編舞者: Anita Ludlow (UK)
音樂: No Other Baby - Paul McCartney



RIGHT HEEL & CROSS, SYNCOPATED WEAVE, SIDE ROCK, SAILOR SHUFFLE RIGHT

1&2& Right heel dig, step right in place, cross left foot over right, step right in place
3&4 Cross left behind right, step right to right side, cross left over right
5-6 Rock right foot to right side, recover weight onto left
7&8 Sailor shuffle, swinging right behind left, stepping left in place, stepping right to right side

HEEL FRONT, SIDE WITH ¼ TURN LEFT, SAILOR SHUFFLE LEFT, KICK BALL CHANGE RIGHT, STEP FORWARD ON RIGHT THEN LEFT

9-10 Dig left heel forward, dig left heel diagonally left
11&12 Start to quarter turn left as you complete a sailor shuffle, swinging left behind right, stepping right in place, stepping left to left side
13&14 Kick ball change on right foot
15-16 Step forward on right foot, step forward on left.

DOUBLE HIP BUMPS & SWAYS ON RIGHT & LEFT

17&18 Step forward on right foot & double hip bump right
19-20 Step slightly forward on left swaying hips to the left then to the right
21-24 Repeat as above on the other side

TWO SAILOR SHUFFLES, SYNCOPATED ROCK FORWARD. ¼ TURN WITH LEFT SAILOR SHUFFLE

25&26 Sailor shuffle right
27&28 Sailor shuffle left
&29-30 Step right in place, rock forward on left, recover weight onto right
31&32 Quarter turn left as you commence the sailor shuffle with the left leg

FORWARD SHUFFLE, ¼ TURN RIGHT WITH CHASSE LEFT. ¼ TURN RIGHT WITH COASTER RIGHT, SHUFFLE FORWARD LEFT

33&34 Shuffle forward right/left/right
35&36 Quarter turn right & chasse left taking left to left side, stepping right next to left, stepping left to left side
37&38 Quarter turn right & coaster step taking right back, stepping left next to right stepping forward on right
39&40 Shuffle forward on left/right/left

RIGHT FORWARD SHUFFLE, LEFT HEEL & CROSS, SIDE ROCK & CROSS WITH ¼ TURN RIGHT, RIGHT HEEL & CROSS

41&42 Shuffle forward right/left/right
43&44 Dig left heel forward, step left in place, cross right over left.
45&46 Rock left to left side, step right in place starting to quarter turn right, cross left over right completing quarter turn
47&48 Right heel dig, step right in place, cross left over right

REPEAT