No Place Like Home

拍數: 48 編舞者: Deb Crew (CAN)

音樂: Kansas City - Wilbert Harrison

WALK FORWARD, SMALL JUMP, CLAP

- 1-2 Walk forward on right, walk forward on left
- &3 Small jump forward landing on right, step left beside right
- 4 Clap
- 5-6 Walk forward on right, walk forward on left
- &7 Small jump forward landing on right, step left beside right 8 Clap

STEP BACK, KICK FORWARD & SNAP FINGERS

- 9-10 Step back on right, kick left foot forward & snap fingers
- 11-12 Step back on left, kick right foot forward & snap fingers
- Step back on right, kick left foot forward & snap fingers 13-14
- Step back on left, kick right foot forward & snap fingers 15-16

STEP-TOUCHES

- 17-18 Step back on right, touch left heel forward (weight on right)
- 19-20 Step left home, touch right beside with left (weight on left)
- 21-22 Step forward on right, touch left toe back (weight on right)
- 23-24 Step left home, touch right beside left (weight on left)

POINT, STEP ACROSS, UNWIND, CLAP

- Touch the right to the side, cross & step the right over the left 25-26
- 27-28 Unwind by 1/2 turning to the left, clap

RIGHT ARM BACK, LEFT ARM BACK (WORK YOUR PECTS), TWO CLAPS

- 29 Pull right arm back (elbow is bent & even with shoulder)
- 30 Pull left arm back (elbow is bent & even with shoulder)
- 31-32 Clap, clap

RIGHT DRAG VINE, TWO LEFT KICK-BALL-CHANGES

- 33-36 Step side right, drag and step left to right, step side right, touch left beside right (weight on right)
- 37&38 Left kick-ball-change: kick left forward, step down on ball of left foot, step right beside left 39&40 Left kick-ball-change: kick left forward, step down on ball of left foot, step right beside left (weight on right)

LEFT DRAG VINE, TWO RIGHT KICK-BALL-CHANGES

- 41-44 Step side left, drag and step right to left, step side left, touch right beside left (weight on left)
- 45&46 Right kick-ball-change: kick the right forward, step down on ball of right foot, step left beside right
- 47&48 Right kick-ball-change: kick the right forward, step down on ball of right foot, step left beside right (weight on left)

REPEAT





牆數: 0

級數: