

No-One

拍數: 32 牆數: 4 級數:
編舞者: Marg Jones (CAN)
音樂: No-One - Chad Brock & Shirley Myers



Except for a slight difference in turns, this dance is identical to my dance "Steel Guitars No Bumps (Instrumentals Half & Bumps)"

SIDE, BEHIND, TRIPLE STEP

1-2 Step right to right, step left behind right
3&4 Triple step in place, right, left, right

CROSS, ROCK SIDE, RECOVER, CROSS

5-6 Step left across right, rock right to right
7-8 Recover weight onto left, step right across left

SIDE, BEHIND, POINT LEFT, HOLD

9-10 Step left to left, step left behind right
11-12 Point left toe to left, hold

RONDE, WEAVE, TOUCH

13-14 Sweep left around behind right and step; step right to right
15-16 Step left across front of right, touch right beside left

SIDE, TOGETHER, BACK, TOUCH (½ BOX STEP)

17-18 Step right to right, step left beside right
19-20 Step back on right, touch left beside right

SIDE, TOGETHER, FORWARD, TOUCH (½ BOX STEP)

21-22 Step left to left, step right beside left
23-24 Step forward on left, touch right beside left

WEAVING VINE WITH ½ TURN RIGHT AND ¾ TURN LEFT

25-26 Step right to right, step left across behind right
27-28 Step right to right, beginning ½ turn right, step left to left completing turn
29-30 Step right across behind left, step left to left, beginning ¾ turn left
31-32 Step right to right, completing turn; step left beside right

REPEAT

When danced to "She's Gonna Miss Me Whe He's Gone", after the third rotation add the 8 count tag:

1-2-3&4 Rock forward on right, recover on left, triple in place right, left, right
5-6-7&8 Rock forward on left, recover on right, triple in place, left, right, left

and after the sixth rotation, add the tag:

1-4 Touch right to right, step right beside left; touch left to left, step left beside right