Nothing To Lose (But What Do I Know)



拍數: 48 編數: 2 級數: Intermediate/Advanced

編舞者: Lesley Johnston (AUS) 音樂: What Do I Know - Ricochet



STEP LEFT ACROSS, ROCK HIP & HIP, STEP RIGHT ACROSS ¾ TURN

1-2	Step left over right (body turning slightly to right), rock back onto right

3&4 Step left to side as you rock hips left the right-left on spot

5-6 Step right over left, rock back on left

7&8 Turning ¾ turn to right as you step right-left-right (you can use hips too!!)

STEP LEFT ACROSS, ROCK HIP & HIP, STEP RIGHT ACROSS ¾ TURN

1-2	Step left over right (bo	dv turnina sliahtly t	to right), rock back onto righ
I - ∠	Step left over right (bo	ay turning Siightiy t	to right), rock back onto

3&4 Step left to side as you rock hips left the right-left on spot

5-6 Step right over left, rock back on left

7&8 Turning ¾ turn to right as you step right-left-right (you can use hips too!!)

STEP LEFT ACROSS, SIDE BEHIND & ACROSS, HEEL FORWARD, TOE BACK 1/2 TURN

1-2 Step left over right, step right to right

3&4 Step left behind right, right to right side, left across right

5-6 Right heel forward, right toe back

7-8 Pivot ½ turn to right & brush right heel across left shin

STEP LOCK & SHUFFLE, STEP LOCK SHUFFLE

1-2	Step right forward at 45 degrees, lock le	eft behind right
1-2	Step right forward at 45 degrees, lock le	ŧt

3&4 Shuffle & lock forward right-left-right (optional attitude hips forward, back, forward)

5-6 Turning body to left - step left forward at 45 degrees, lock right behind left

7&8 Shuffle & lock forward left-right-left

STEP ½ TURN ACROSS, ACROSS, STEP ROCK, ACROSS, ACROSS

1-2	Step forward on right &	pivot ½ turn left & strai	ahten body to	face back wall

3&4 Right heel over left, left to side, right heel over left

5-6 Step left at 45 degrees, rock onto right

7&8 Step left across right, right to side, left across right

STEP HOOK, STEP HOOK, STEP & CLOSE (SKIRT WORK)

1-	2	Step right forward at	45 degrees & as	you pivot ½ turn left, hook ∣	left across right shin (dip as
----	---	-----------------------	-----------------	-------------------------------	--------------------------------

you turn)

3-4 Step left forward at 45 degrees & as you pivot ½ turn right, hook right across left shin (dip as

you turn)

5-6 Step right forward at 45 degrees & as you pivot ½ turn left, hook left across right shin (dip as

you turn)

7-8 Step left forward at 45 degrees & bring right to meet left as you straighten to face back wall

REPEAT