

# Nude Scoot Bounce

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Thelma Max (USA)  
音樂: Nude Bootscootin' - Grant Luhrs



## PUSH TURNS (MAKING A COMPLETE TURN)

1-2      (Weight left), push-pivot turn  $\frac{1}{4}$  to left on ball of right foot, step left  
3-4      Push-pivot turn  $\frac{1}{4}$  to left on ball of right foot, step left  
5-6      Push-pivot turn  $\frac{1}{4}$  to left on ball of right foot, step left  
7-8      Push-pivot turn  $\frac{1}{4}$  to left on ball of right foot, step left

## STEP HOLD, STEP HOLD, KNEE POPS, HEEL DOWN

1-2      Step right foot forward and out, hold  
3-4      Step left foot forward and out, hold  
5      Shift weight right, popping left knee in  
6      Shift weight left, popping right knee in  
7      Shift weight right, popping left knee in  
8      Left heel down (weight even)

## JUMP BACK, HOLD JUMP TOGETHER, HOLD KNEE SQUAT DOWN, HOLD STAND UP, HOLD

1-2      Jump back (feet still apart), hold  
3-4      Jump feet together, hold  
5-6      Knee-squat down, hold (or, head bow, hold)  
7-8      Stand up, hold

## BOUNCE LEFT, TOUCH RIGHT, HOLD BOUNCE RIGHT, TOUCH LEFT, HOLD STEP TOGETHERS X3, HOLD (VINE, AN OPTION FOR STEP TOGETHERS)

&1-2      Bounce-step left foot to left side, touch right foot beside left, hold  
&3-4      Bounce-step right foot to right side, touch left foot beside right, hold  
&5      Step left foot to left side (moving slightly to left), step together right  
&6      Step left foot to left side (moving slightly to left), step together right  
&7      Step left foot to left side (moving slightly to left), step together right  
8      Step left

Try three side jumps to the left for counts &5&6&7. If you're real energetic (count will be 5,6,7)

## WALK FORWARD, KICK STEP KICK STEP

1-4      Walk forward right/left/right/left  
5-6      Kick right foot forward, step right  
7-8      Kick left foot forward, step left

## WALK BACK, KICK STEP KICK STEP

1-4      Walk back right/left/right/left  
5-6      Kick right foot forward, step right  
7-8      Kick left foot forward, step left

## PIVOT $\frac{1}{4}$ LEFT, PIVOT $\frac{1}{4}$ LEFT, FULL (3 STEP) TURN LEFT, TOUCH LEFT TOGETHER

1-2      Push-pivot turn  $\frac{1}{4}$  to left on ball of right foot, step left  
3-4      Push-pivot turn  $\frac{1}{4}$  to left on ball of right foot, step left  
5-6-7      Three-step full turn right/left/right turn to left  
8      Touch left together

**BOUNCE LEFT, TOUCH RIGHT, HOLD, BOUNCE RIGHT, STEP LEFT HOLD, TOUCH RIGHT TOE TO RIGHT SIDE, TOUCH RIGHT TOE IN FRONT, ¼ TURN LEFT- POPPING LEFT KNEE, POP RIGHT KNEE**

- &1-2            Bounce-step left foot to left side, touch right foot to left, hold
- &3-4            Bounce-step right foot to right side, step left, hold
- 5-6            Touch right toe to right side, touch right toe in front of left foot
- 7                Turn ¼ to left (pushing weight to right foot) and popping left knee in
- 8                Pop right knee (weight ending left)

**REPEAT**

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