O Sole Mio



編舞者: Frankie Three Socks Mitchell (IOM) & Elaine Dewhirst (IOM)

音樂: It's Now Or Never - Lonestar Country



POINT, HOLD, TURN RIGHT, STEP, STEP, ROCK IN PLACE

Start with feet shoulder width apart, weight on left

&1 Brush right toe to left foot and point right toe to right side

2 Hold

&3 Drop right heel and ½ turn right on balls of both feet (finish legs crossed)

4-5 Step back left, step right, shoulder width apart

6-7-8 Rock forward on left, rock back on right, touch left beside right

POINT, HOLD, TURN LEFT, STEP, STEP, ROCK FORWARD & BACK

1 Point left toe to left side

2 Hold

&3 Drop left heel and ½ turn left on balls of both feet (finish legs crossed)

4-5 Step back right, step left, shoulder width apart

6-7-8 Rock forward on right, rock back on left, step back on right

STEP, HOLD, & STEP, POINT, TURN RIGHT, VINE 1/4 TURN LEFT

1 Step slightly forward on left

2 Hold

&3 Small step together right, small step forward left

4-5 Point right toe back & pivot ½ turn right

6-7-8 Step left to the side, step right behind left and step left 1/4 left

POINT, HOLD, TURN RIGHT, STEP, STEP, ROCK IN PLACE

1 Point right toe to right side

2 Hold

&3 Drop right heel and ½ turn right on balls of both feet (finish legs crossed)

4-5 Step back left, step right, shoulder width apart

6-7-8 Rock forward on left, rock back on right, step left shoulder width apart

Steps 6,7,8 will be omitted during dramatic breaks in music. Strike a pose

REPEAT