O' Ma Ma!

拍數: 36

級數: line/contra dance

編舞者: Kate Sala (UK) & Robert Lindsay (UK)

音樂: Luna Mezz 'O Mare - Patrizio Buanne

RIGHT VINE, ½ TURN RIGHT, HITCH, WALK BACK, HITCH

- 1-2 Step right to right side, cross step left behind right
- 3-4 Turn ¼ right stepping forward on right, turn ¼ right on ball of right hitching left knee
- 5-8 Walk back left, right, left, hitch right knee

'SWING YA PANTS', FORWARD STEP CLAP, BACK STEP SLAP

- 9-10 Step right to the right side, touch left next to right
- 11-12 Step left to the left side, touch right next to left

Styling for counts 9-12: swing your arms right then left as if swinging your pants

- 13-14 Step forward on the right, partners clapping right hands together while bending the left knee and lifting left foot up behind
- 15-16 Step back on the left, hook right foot behind left slapping it with the left hand

SIDE TOUCH, HEEL DIG, BACK TOUCH, PIVOT ½ TURN, STEP ½ PIVOT, 'I DIP, YOU DIP'

- Before starting this dance each partner has to decide who is dipping first and who goes second
- 17&18 Touch right toe to right side, step right next to left, dig left heel forward
- &19-20 Step left next to right, touch right toe back, pivot ½ turn right
- 21-22 Step forward on left, pivot ½ turn right
- 23-24 First partner dips down bending the knees and straightens up while second partner holds
- 25-26 Second partner dips down bending the knees and straightens up while first partner holds

SHUFFLE LINKING ARMS, SHUFFLE TURN RIGHT X 3, ROCK BACK

- 27&28 Partners shuffle towards each other on right, left, right linking right arms together
- 29-34 Three more shuffles traveling to the right returning to original place with arms still linked
- 35-36 Rock back on right, recover on left

REPEAT





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牆數:2