Off The Wall

拍數: 40

級數:

編舞者: Unknown

音樂: Fast As You - Dwight Yoakam

RIGHT BUMP, RIGHT BUMP, LEFT BUMP, LEFT BUMP

- 1 With right foot slightly forward, bump right hip forward.
- 2 With right foot slightly forward, bump right hip forward.
- 3 With right foot slightly forward, bump left hip backward.
- 4 With right foot slightly forward, bump left hip backward.

RIGHT, BUMP, LEFT, BUMP

- 5 With right foot slightly back, bump right hip forward.
- 6 With right foot slightly back, bump right hip forward.
- 7 With right foot slightly back, bump left hip backward.
- 8 With right foot slightly back, bump left hip backward.

RIGHT VINE, CROSS, STEP, HOOK BEHIND, TOUCH, HOOK FRONT

- 9 Step right foot to the right side.
- 10 Cross left foot behind right foot.
- 11 Step right foot to the right side.
- 12 Cross left foot in front of right foot.
- 13 Step right foot to the right side.
- 14 Hook left foot behind right foot.
- Touch left foot to left side. 15
- 16 Hook left foot in front of right foot.

LEFT VINE, STOMP

- 17 Step left foot to the left side.
- 18 Cross right foot behind left foot.
- 19 Step left foot to the left side.
- 20 Stomp right foot next to left foot.

JUMP, JUMP, TURN, CLAP**

- 21 Jump in place landing with both feet apart.
- 22 Jump in place landing with right foot crossed over left foot.
- 23 Pivot ¹/₂ turn to the left, which will uncross your feet.
- 24 Clap.

RIGHT VINE, STOMP, LEFT VINE, STOMP

- 25 Step right foot to the right side.
- 26 Cross left foot behind right foot.
- 27 Step right foot to the right side.
- 28 Stomp left foot next to right foot.
- 29 Step left foot to the left side.
- 30 Cross right foot behind left foot.
- 31 Step left foot to the left side.
- 32 Stomp right foot next to left foot.

STEP BACK RIGHT, LEFT, RIGHT, STOMP

33 Step back on right foot.





牆數: 2

- 34 Step back on left foot.
- 35 Step back on right foot.
- 36 Stomp left foot next to right foot.

STEP, SLIDE, STEP, STOMP

- 37 Step forward on left foot.
- 38 Slide right foot next to left foot.
- 39 Step forward on left foot.
- 40 Stomp right foot slightly in front of left foot.

REPEAT

** VARIATION (instead of jumping):

TOUCH, CROSS, TURN, CLAP

- 21 Touch right toe to right side.
- 22 Cross right foot in front of left foot.
- 23 Pivot ¹/₂ turn to the left, which will uncross your feet.
- 24 Clap.