

Offbeat Shuffle

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Bobby Joe Meadows (USA)
音樂: Who's Lonely Now - Highway 101



SIDE BEHIND & CROSS, ROCK, TURN ¼ LEFT STEP ON LEFT, STEP ON RIGHT SHUFFLE LEFT-RIGHT-LEFT

- 1-2 Step the right foot to the right side, step left foot behind the right foot
&3-4 Step the right foot back, cross the left foot over the right foot, and rock to the right side on the right foot
5-6 Turn /14 to the left step the left forward, step the right foot forward
7&8 Shuffle forward left right left

ROCK, STEP BACK, STEP BACK, TURN ½ TURN LEFT, SHUFFLE TURN ½ TURN LEFT AS YOU SHUFFLE, STEP

- 1-2-3 Rock forward on the right foot, step back on the left foot, step back on the right foot
4&5 Turn ½ turn left on right foot, shuffle left, right, left
6&7 Shuffle right left right as you turn ½ turn left
8 Step forward on the left foot

STEP SHUFFLE STEP SHUFFLE STEP STEP

- 1 Step forward on the right foot
2&3 Shuffle forward left, right, left
4 Step forward on the right foot
5&6 Shuffle forward left, right, left
7-8 Turn ½ turn left on right foot, turn ½ turn left on left foot

Option:

- 7-8 Step right, step left

ROCK TURN ½ TURN RIGHT SHUFFLE, TURN ½ TURN RIGHT AS YOU SHUFFLE, ROCK RECOVER

- 1-2 Rock forward on the right foot, turn ½ turn right on the left foot
3&4 Shuffle in place right, left, right
5&6 Turn ½ turn right as you shuffle left right left
7-8 Rock back on the right foot, recover on the left foot

REPEAT
