O.F.T. - Oil Field Trash

級數: Intermediate

編舞者: John "Grrowler" Rowell (UK)

拍數: 64

音樂: Honkytonk U - Toby Keith

RIGHT-LOCK-STEP, LEFT-LOCK-STEP, RIGHT SAILOR STEP, LEFT SAILOR STEP

- 1&2 Step right forward on right diagonal, lock left behind right, step right forward on right diagonal
- 3&4 Step left forward on left diagonal, lock right behind left, step left forward on left diagonal
- 5&6 Step right behind left, step left in place, step right to right
- 7&8 Step left behind right, step right in place, step left to left

BEHIND-FULL UNWIND, ROCK-RECOVER, BEHIND-SIDE-FRONT, ROCK-RECOVER & HOOK

- 1-2 Cross right behind left, unwind full turn right
- 3-4 Rock forward left, recover right
- 5&6 Step left behind right, step right to right, step left across front of right
- 7-8& Rock forward right, recover left, hook right across left shin

Restart the dance from here during 3rd wall after short instrumental break. (facing 3:00)

ROCK-RECOVER, BACK-LOCK-STEP, BACK-1/2 PIVOT, KICK BALL CROSS

- 1-2 Rock forward right, recover left
- 3&4 Step right back, lock left across front of right, step right back
- 5-6 Touch left toe back, pivot ¹/₂ turn left taking weight on left (6:00)
- 7&8 Kick right forward, step on ball of right in place, cross left over front of right

SIDE-½ HINGE TURN, CROSS ROCK-RECOVER, THREE STEP FULL TURN-TOUCH

- 1-2 Step right to right, on ball of right pivot 1/2 turn left stepping left to left (12:00)
- 3-4 Cross rock right over front of left, recover on right
- 5-6 Step right 1/4 right, on ball of right pivot 1/2 turn right stepping back left (9:00)
- 7-8 On ball of left pivot 1/4 right stepping right to right, touch left next to right (12:00)

The second ½ of the dance is a mirror image of the first 32 counts with an extra turn on last steps

LEFT-LOCK-STEP, RIGHT-LOCK-STEP, LEFT SAILOR STEP, RIGHT SAILOR STEP

- 1&2 Step left forward on left diagonal, lock right behind left, step left forward on left diagonal
- 3&4 Step right forward on right diagonal, lock left behind right, step right forward on right diagonal
- 5&6 Step left behind right, step right in place, step left to left
- 7&8 Step right behind left, step left in place, step right to right

BEHIND-FULL UNWIND, ROCK-RECOVER, BEHIND-SIDE-FRONT, ROCK-RECOVER & HOOK

- 1-2 Cross left behind right, unwind full turn left
- 3-4 Rock forward right, recover left
- 5&6 Step right behind left, step left to left, step right across front of left
- Rock forward left, recover right, hook left across right shin 7-8&

ROCK-RECOVER, BACK-LOCK-STEP, BACK-1/2 PIVOT, KICK BALL CROSS

- 1-2 Rock forward left, recover right
- 3&4 Step left back, lock right across front of left, step left back
- Touch right toe back, pivot $\frac{1}{2}$ turn right taking weight on right (6:00) 5-6
- 7&8 Kick left forward, step on ball of left in place, cross right over front of left

SIDE-½ HINGE TURN, CROSS ROCK-RECOVER, THREE STEP ONE & A ¼ TURN-TOUCH

- 1-2 Step left to left, on ball of left pivot 1/2 turn right stepping right to right (12:00)
- 3-4 Cross rock left over front of right, recover on left





牆數:4

- 5-6 Step left ¼ left, on ball of left pivot ½ turn left stepping back right (3:00)
- 7-8 On ball of right pivot ¹/₂ left stepping right forward, touch left next to right (9:00)

REPEAT

The title of the dance is part of a line in the lyrics. I've worked in The North Sea's "Ninian" oilfield for over 25 years. So I suppose I qualify as "Oil Field Trash"