

# One Arm Sally (P)

COPPERKNOB  
STEPSHEETS

拍數: 28      牆數: 0      級數: Partner  
編舞者: Unknown  
音樂: Any Cha-cha



**Position: Lady stands to man's left. Hold lady's right hand in man's left hand**

1-2      Step forward on left, step together on right  
3-4      Step forward on left, step together on right  
5-6      Rock forward on left, rock back on right  
7&8      Cha-cha backward left, right, left

1-2      Rock backward on right, rock forward on left  
3&4      Cha-cha forward right, left, right making a ½ turn to the left

**Man raises left arm, lady makes ½ turn under arms**

5&6      Rock backward on left, rock forward on right  
7&8      Cha-cha forward left, right, left making a ½ turn to the right

**Man raises left arm, lady makes ½ turn under arms**

1-2      Rock backward on right, rock forward on left  
3&4      Cha-cha forward right, left, right making a ½ turn to the left

**Man raises left arm, lady makes ½ turn under arms**

5&6      Rock backward on left, rock forward on right  
7&8      Cha-cha forward left, right, left making a ½ turn to the right

**Man raises left arm, lady makes ½ turn under arms**

1-2      Rock backward on right, rock forward on left  
3&4      Cha-cha in place right, left, right making a ¼ turn to the left

**Man's cha-cha steps are longer to maintain side by side**

**REPEAT**